



SHREE HINDU MANDAL HOSPITAL

THE NEW WING
Dar es Salaam 2012

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Cover photo: reflection of old Shree Hindu Mandal in the new wing

Foreword

Solutions are discovered through sharing purpose and meaning. This book is the outcome of the collaborative effort of Shree Hindu Mandal Hospital in Dar es Salaam, PharmAccess International, and a few individuals who put records in place to make the history of the hospital illustrious.

Over time, Shree Hindu Mandal Hospital has made huge efforts in transforming the availability of resources, though limited, for the Health and Education sectors. Any new development in an organisation that runs mainly on charity is not easy, but if ones efforts are directed towards the community and national welfare, one experiences an encouraging flow of support that can make your dreams come true.

Our dream of building a new hospital block, as an extension to the existing complex, took a long time to become a reality, but with the support of the AmsterdamDiner fund-raiser, coordinated by PharmAccess International, and 'STOP AIDS NOW' of the Netherlands, and philanthropists such as Mr. Mustafa Jaffer Sabodo, our desire to offer an array of health care options was fulfilled.

At this junction I must and do applaud conviction and devotion with which our Hospital CEO Dr Kaushik Ramaiya has developed and executed the new wing of our hospital. Throughout the planning and execution process Kaushik has exhibited tremendous skills and experience over and above his medical background. I also recognize pivotal role played by the then Chief Medical Administrator Dr. D. K. Patel in the thought process in the realization of the project.

Having read this book, I am indeed pleased to write these few lines expressing my deep satisfaction for an excellent publication that informs people more about the whole process of how the new Shree Hindu Mandal Hospital, Dar es Salaam, came into existence, including the contribution of all those who built the physical structure. This book is not fiction, it attests to the historical background of a ninety-three year old institution, and the new hospital development which has enhanced the process of expansion of healthcare. Let us not allow this small, yet important series of events at Shree Hindu Mandal Hospital, Dar es Salaam, go unheard.

Ramesh Patel

Chairman

Shree Hindu Mandal Hospital – Dar es Salaam

*permanently signed
16 Jan 2013*





A closer look

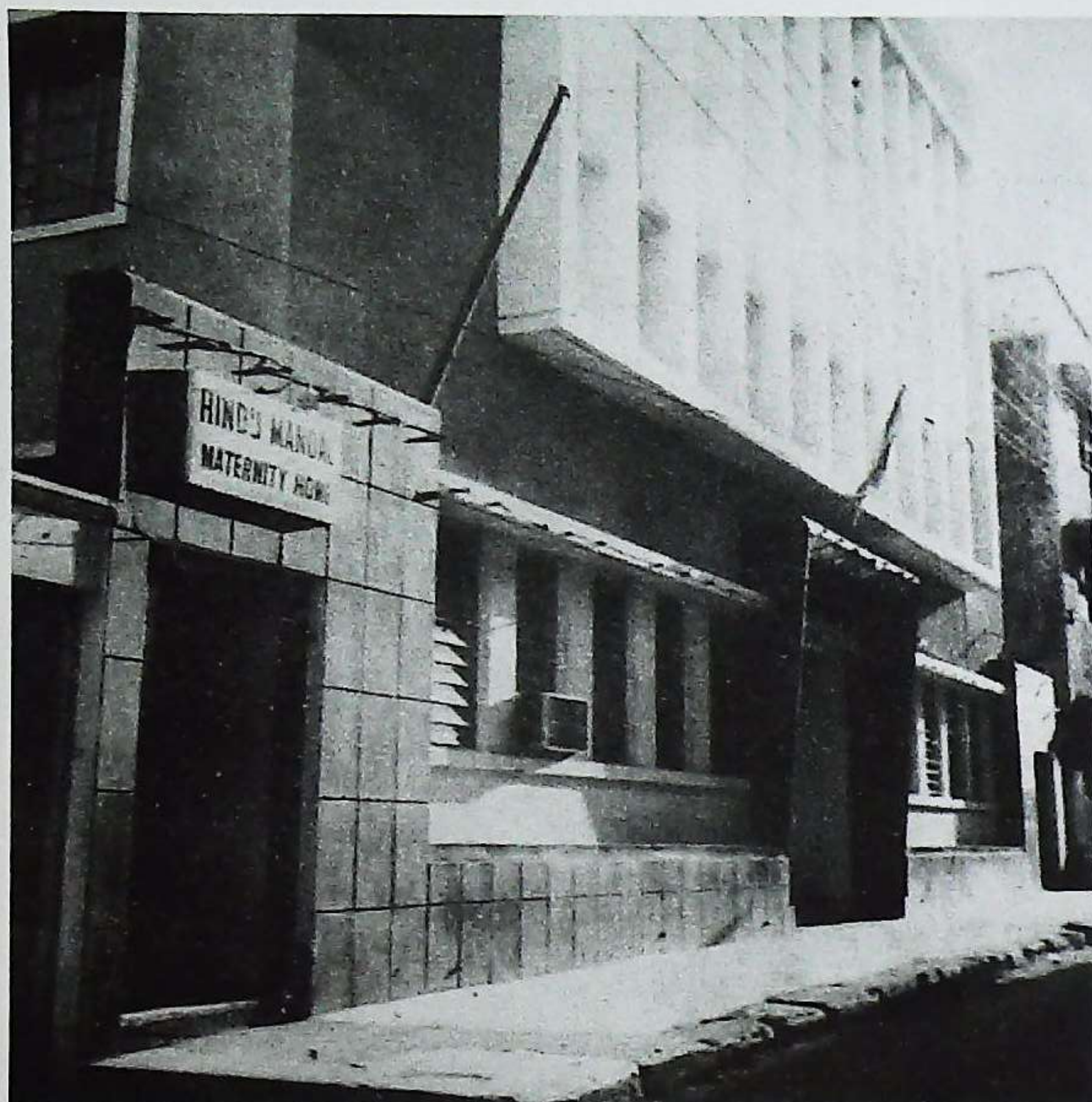
Once upon a time in Tanzania, or rather not too long ago, healthcare was in the exclusive domain of the public sector. With times changing, privatisation which also included healthcare services is no longer a "dirty" word. The Association of Private Health Facilities in Tanzania (APHFTA) pioneered initiatives that laid a strong foundation for private sector healthcare, which today is playing a vital role in the countrywide health services. APHFTA's Chairman Dr. S. M. A. Hashim, and Secretary Dr. Kaushik Ramaiya constructively led their team to represent hundreds of private and faith-based hospitals, clinics and pharmacies in the country, all for a worthy cause. In support of APHFTA initiatives, PharmAccess International committed itself to assist various health facilities in their effort to increase the quality of services. One such example is Shree Hindu Mandal Hospital, Dar es Salaam.

Records reveal that up to the year 2004, not more than 1,500 patients received Anti-Retroviral Medication (ARVs) in Tanzania. In 2004 this medical concern got due attention with the establishment of a National Care and Treatment Programme. Today, supported by the Global Fund and PEPFAR funding, ARVs are provided free of charge to over 300,000 patients at over 1,000 health facilities in the country, including in private hospitals. This is the result of a strong initial APHFTA lobby.

With almost four million inhabitants, Dar es Salaam is one of the largest cities in East Africa, with an estimated 10% of the adult population HIV-infected. Shree Hindu Mandal Hospital is located in the centre of town. Dr. Kaushik Ramaiya, CEO of Shree Hindu Mandal, and a specialist in internal medicine, with in-depth experience in the management of chronic diseases, took the initiative to address control of HIV/AIDS, and to deal with the management and control of this dreadful disease. When it was proven in 1995 that AIDS patients could survive on ARVs, Dr. Kaushik went to the Comprehensive HIV Centre at Northwest University, Chicago, USA, under an International AIDS Society (IAS) scholarship, to become one of the first specialists in the management and treatment of AIDS.

The AmsterdamDiner 2007, in collaboration with PharmAccess International and 'STOP AIDS NOW', gave the financial support to Shree Hindu Mandal Hospital that was needed to start the construction of a fully equipped HIV/AIDS care and treatment facility, and a clinic for other chronic diseases downtown Dar es Salaam. This book gives us a close look at how this centre of excellence was realised from the start.

PharmAccess International



YESTERDAY, TODAY and TOMORROW

Shree Hindu Mandal Hospital (SHM), Dar es Salaam was founded on 29th June 1919 as a response to the needs of the Hindu community at the time. Right from its inception, the leaders of Shree Hindu Mandal have taken our institution primarily towards bringing about better understanding within various Hindu Sub-Communities, and human society at large through various benevolent activities, that create an air of care and concern.

One can see the illustrious growth chart of our Mandal from our historical records. From first Chairman Shri Keshav Vasudev Manhore (1918), to the current Chairman Shri Ramesh Patel, Shree Hindu Mandal has gone through a long journey that has evidenced the dedication and wisdom of Hindu leaders in their service to mankind over nine decades.

The institution was formed with the following three major aims and objectives.

1. To promote the Social, Cultural, Religious, Educational and Health Care of the Hindu Community, and of the people of Tanzania.
2. To undertake, promote and advance charitable and humanitarian activities.
3. To promote and advance better understanding and relations amongst various sections of the people of Tanzania.

In 1931 Shree Hindu Mandal started a public dispensary as the precursor of what had to become the sixty-bed modern Shree Hindu Mandal Hospital today. In 1953 the foundation was laid for the new premises for the healthcare facility in downtown Dar es Salaam, at its current location at Nyanza Street, formerly known as Ghose Street. In 1954 this facility was officially opened and was extended in 1965, when a new maternity home and family planning centre commenced functioning. Most of the initial hospital development has been through the process of fund-raising from community members and other well wishers.

Shree Hindu Mandal Today

Shree Hindu Mandal Hospital has come a long way since its humble beginning in 1953 as the one-Room outpatient clinic to the sixty-bed hospital today. Presently, the hospital provides 24-hour outpatient services including twelve-bed emergency/casualty ward catering to acute illnesses and emergency services, an X-ray, laboratory and a pharmacy. The sixty-beds inpatient services cater for maternity, neonatology, medical, surgical, paediatric and other specialties. Other services include a three-bed intensive care unit, three-operation theatres, endoscopy (upper GI, lower GI, cystoscopy bronchoscopy) unit, diagnostic cardiology services which include ECG, 2D Echocardiography, 24 hr holter monitor, 24 hr ambulatory blood pressure monitor and spirometry. The hospital also offers physiotherapy services and has a specialised HIV/AIDS, TB and diabetes services. Currently the hospital caters to over 350 outpatients per day, who are served by a total of 272 staff including consultants, specialists, resident doctors and qualified nursing staff and paramedics.

Shree Hindu Mandal has been involved in HIV care and treatment since 1996. The hospital has successfully established an HIV/AIDS Care and Treatment Centre (CTC) of Excellence. Voluntary Counselling and Testing (VCT) is free at Shree Hindu Mandal clinic. Over the last few years the number of people opting for VCT has increased

significantly. People who test positive can enrol in Shree Hindu Mandal's Care and Treatment programme (CTC), which is supported by the Ministry of Health & Social Welfare, that provides one of the most comprehensive services in the country, funded via a diverse and mix of donors and public funding. The hospital has initiated a novel concept of "Integrated Care" or "Chronic Disease Care", wherein services are harmonised for HIV/AIDS, TB, diabetes, hypertension and other cardiovascular diseases.

In the early years of 2000, intuitive leaders tabled a thought of enhancing medical services by constructing a new hospital complex. Medical experts, led by the present Chief Executive Officer of the hospital Dr. Kaushik Ramaiya, prepared to develop the thought, a dream, into reality. In the year 2007, PharmAccess and the organisers of the AmsterdamDiner announced their contribution towards the cost of the ground floor and first floor in the new hospital building. This grand gesture gave an encouraging start. Immediately after this contribution came substantial contribution from Mr. Mustafa Jaffer Sabodo whose generosity for the construction of the second floor of the hospital building exhibited the height in his philanthropic activities. Today, the new hospital adorns the corner of India and Nyanza Streets. Shree Hindu Mandal is presently engaged in planning and soliciting necessary funds to extend the new facility to an additional six floors.



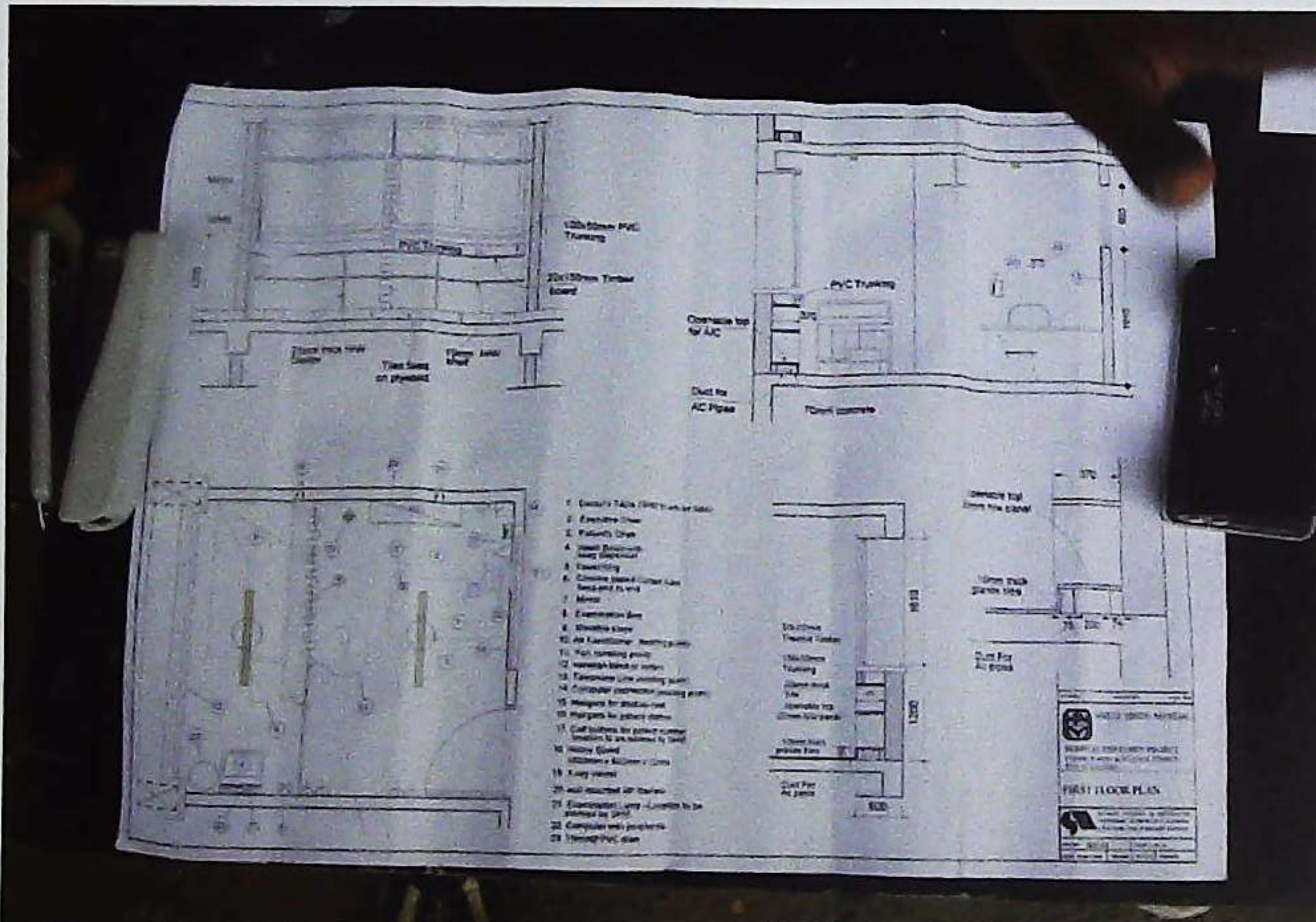


With its increased capacity, the new hospital houses the HIV/AIDS Care and Treatment Centre (CTC), the TB Clinic, the Diabetes Clinic and a well-equipped OutPatient unit. It also has a Laboratory, Pharmacy, Dental Unit, Consultant Clinics, and Mortuary with prayer room.

Shree Hindu Mandal of Tomorrow

The management of Shree Hindu Mandal has approved a study prepared by two students from the Wharton Business School, USA, with the support of Dr. Jeff Blander who undertook the task of developing business models for the coming years together with the Hospital Management and the Medical Advisory Board. The following were deemed to be a priority:

- Establishment of a state of the art Laparoscopy Unit
- Renovation of the Maternal & Child Health Department
- Renovation of the Emergency / Casualty Department
- Establishment of a state of the art Intensive Care Unit (ICU)
- Establishment of private rooms and general wards.



Tanzania needs increased access to good healthcare facilities. Shree Hindu Mandal has accepted the call of the day to maximise its medical care facilities to an extent that it is able to reach out to human society, to render the best of healthcare for vibrant living.

CLIENT

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EXPANSION PROJECT

BUILDING PERMIT

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SUPER CONSTRUCTION CO. LTD

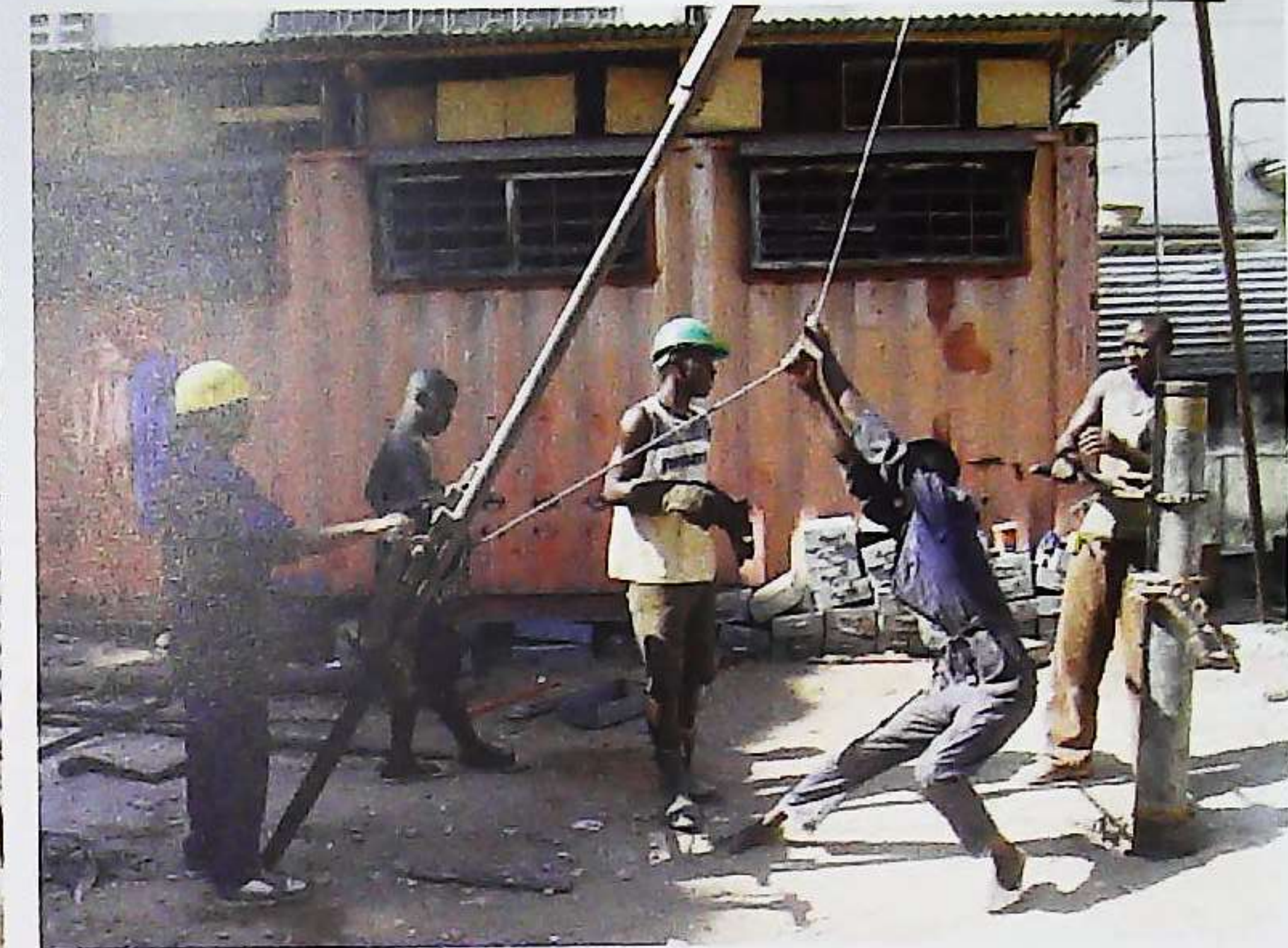
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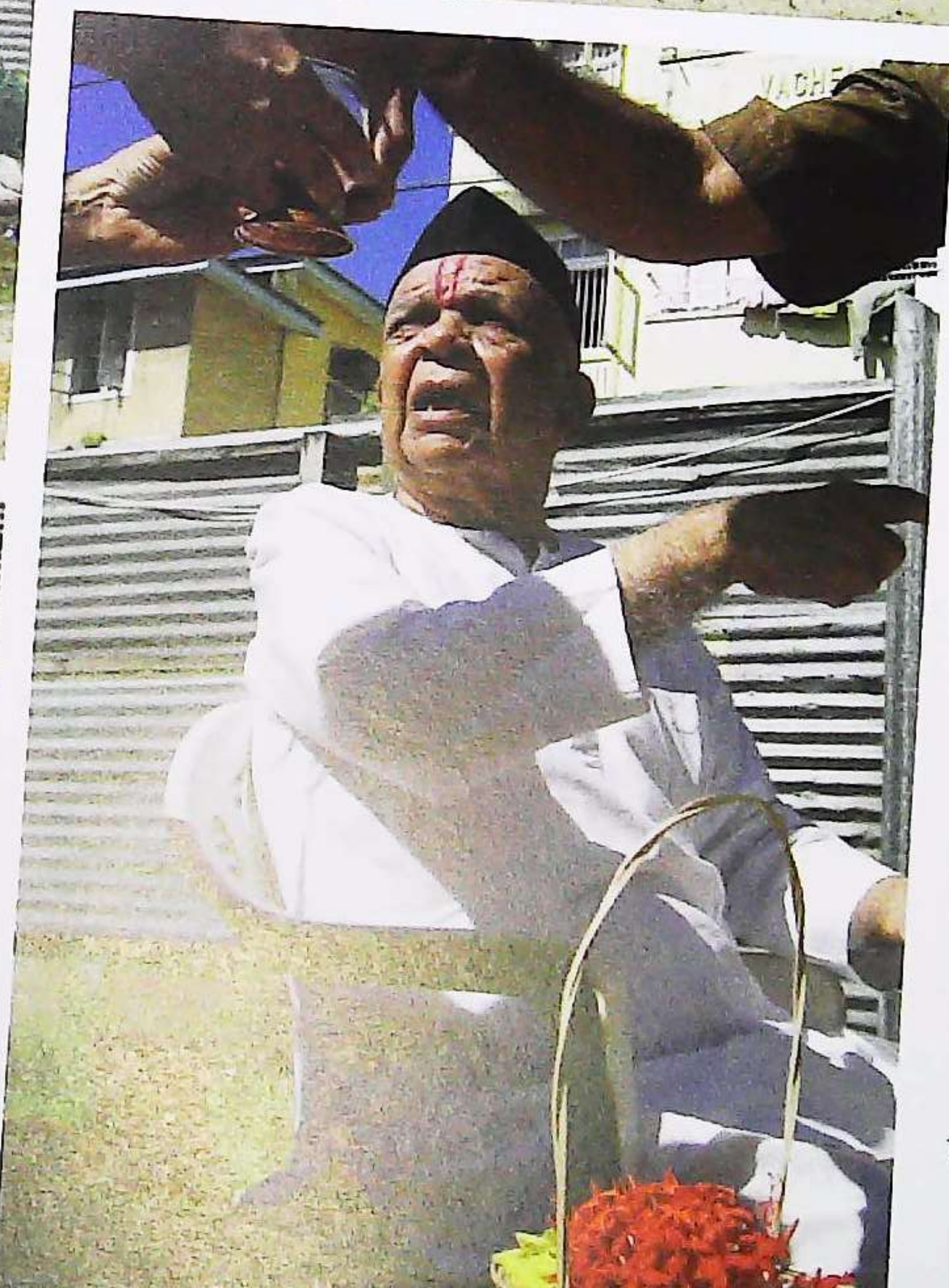
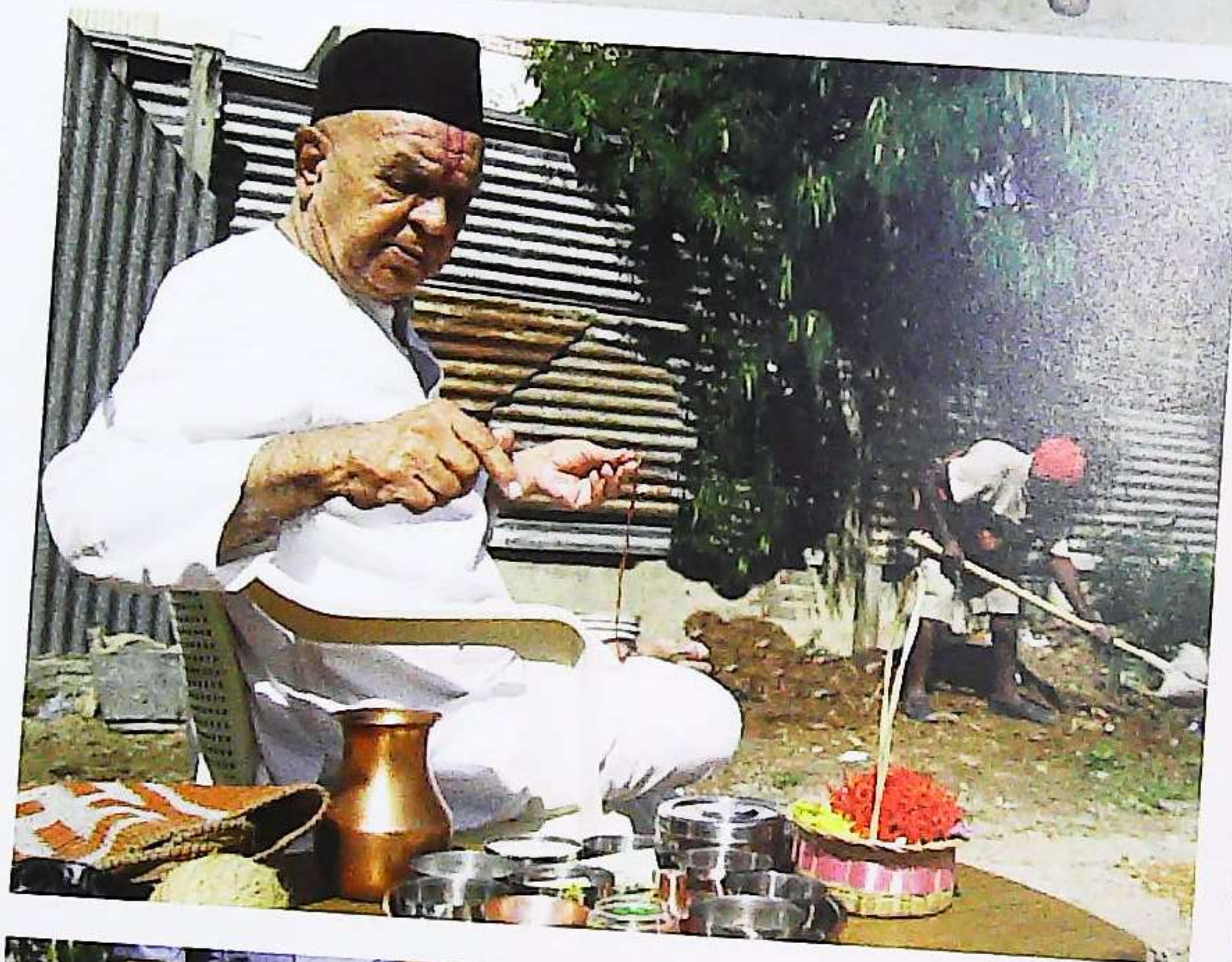
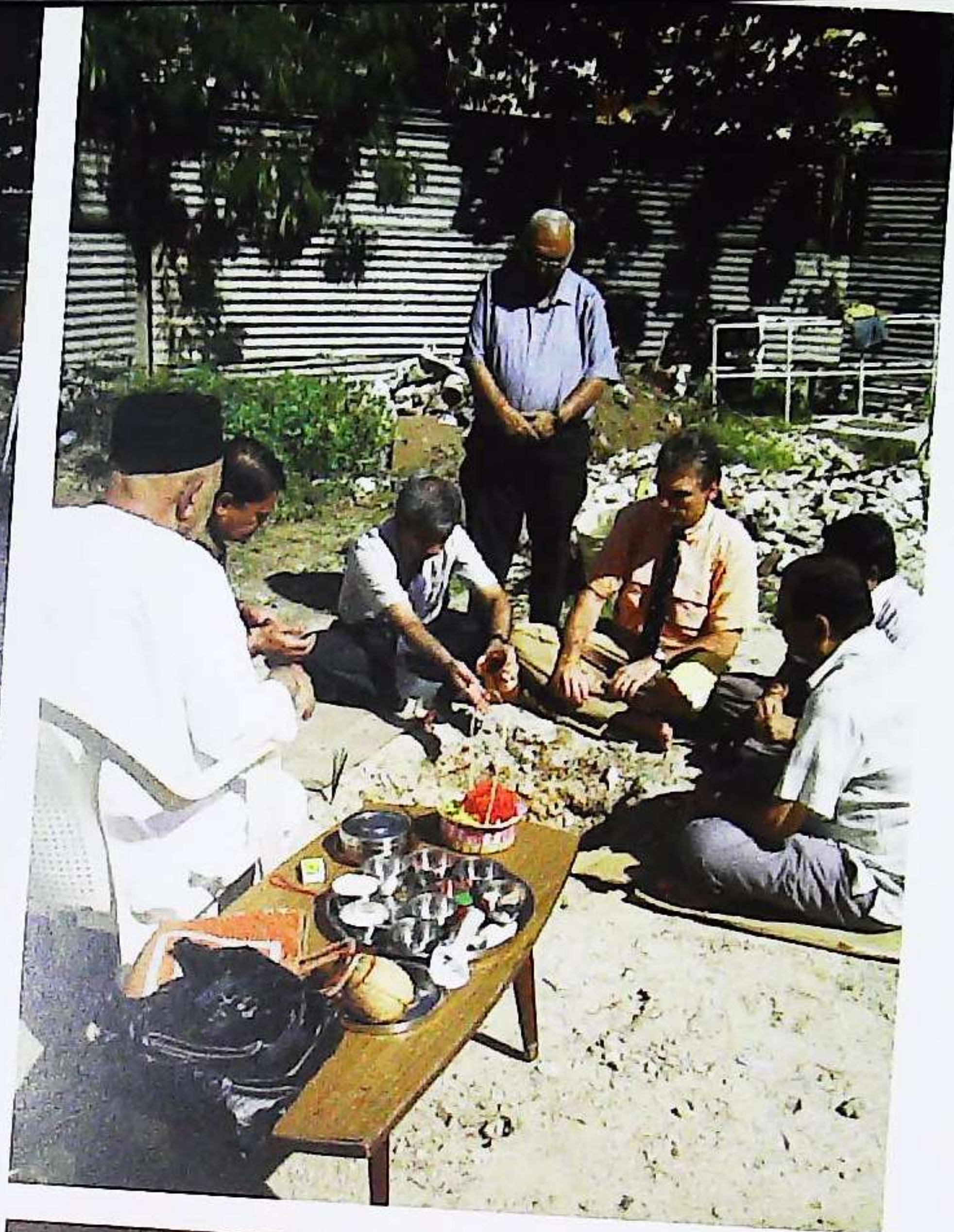


Soil Samples

Downtown in Dar es Salaam, on the corner of India and Nyanza Streets, across the road from Shree Hindu Mandal Hospital lies an empty space. The old hospital generator stands next to the gate, close to the big tree on this corner. The ambulance and some cars are parked in the middle of the ground, and some provisional buildings in the back are used for storage. Two guards sit next to the gate to keep strangers out. Today about fifteen men are building a metal drill. The machine is man powered; they pull in circles to go deeper into the earth collecting soil samples. The soil will be tested before the construction of the new hospital wing can start.

Auspicious Ceremony of Land Puja

The Hindu priest, Manu Maharaj, was invited to hold an auspicious ceremony for the laying of the first stone for the new building. He sat on a chair with a little table besides him full of the ingredients for the ceremony. In front of him there is a little square hole in the ground. Mr Ramesh Patel – Chairman SHM, Mukesh Shah – treasurer of SHM, Jan van den Hombergh – PharmAccess, Satish Khetia – former secretary SHM, Dr. Kaushik Ramaiya – CEO Hospital, and Mr. Manesh Mehta assistant of the priest, place a coconut inside the hole, followed by flowers, a copper vase with holy water, rice, kanku (red coloured powder) and other wonderful things. The SHM staff and guests watch the event. When incense is burned, all gifts are covered with cement and in the first stone the holy Hindu sign is engraved with red kanku.



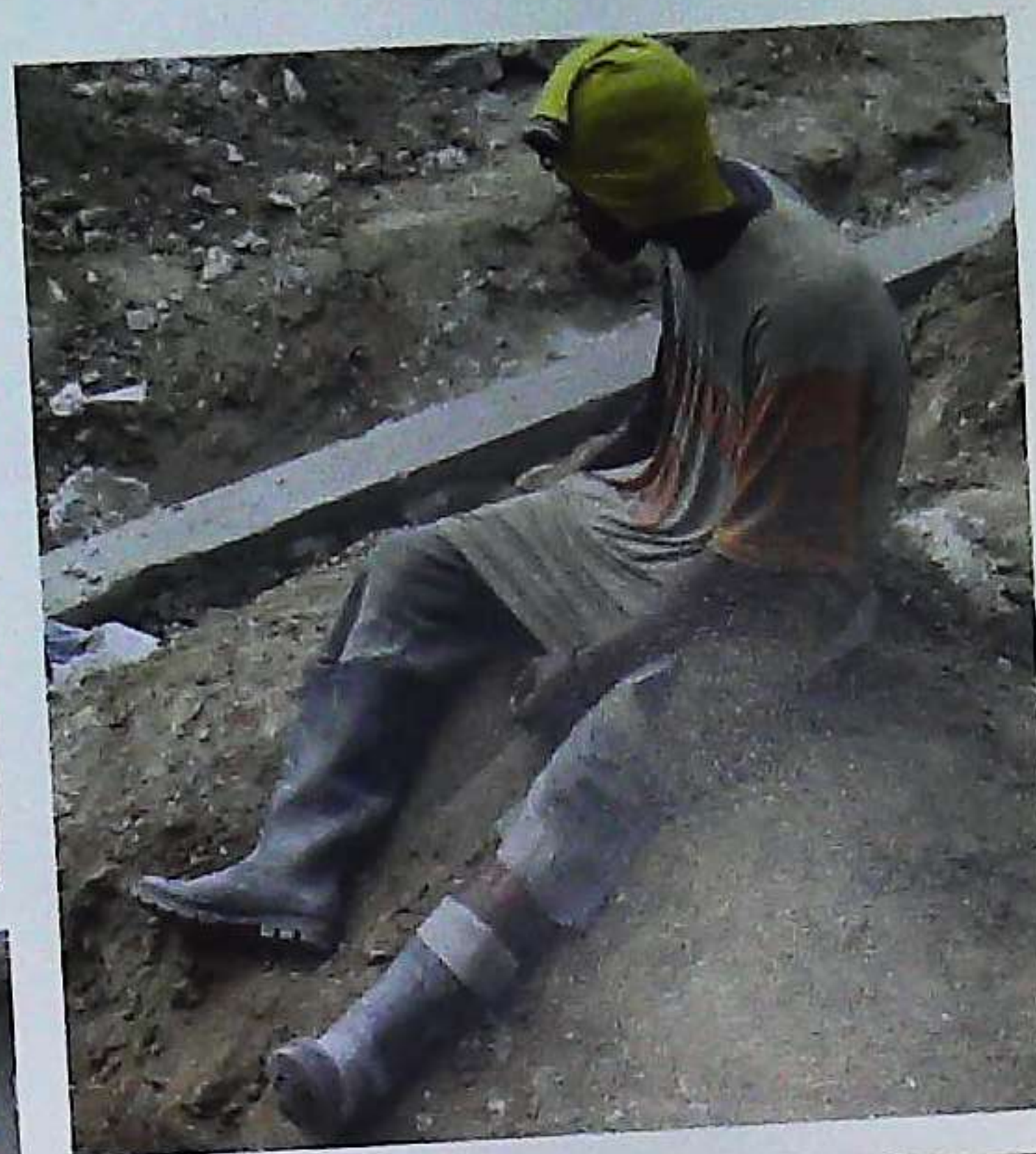


Shovels and spades

The soil test is passed successfully. The plot is blessed and all cars, storage buildings and other left over materials have been moved out. Only the generator still stands here. A new tin sheet wall fences the empty square. The building team comes in. The men start digging. With shovels and spades they replace tons of sand and create the outline of the new wing of the hospital in the earth; a moat for the foundation, long trenches for the walls and a deep gap for the elevator. The men disappear from sight, deep into the ground.





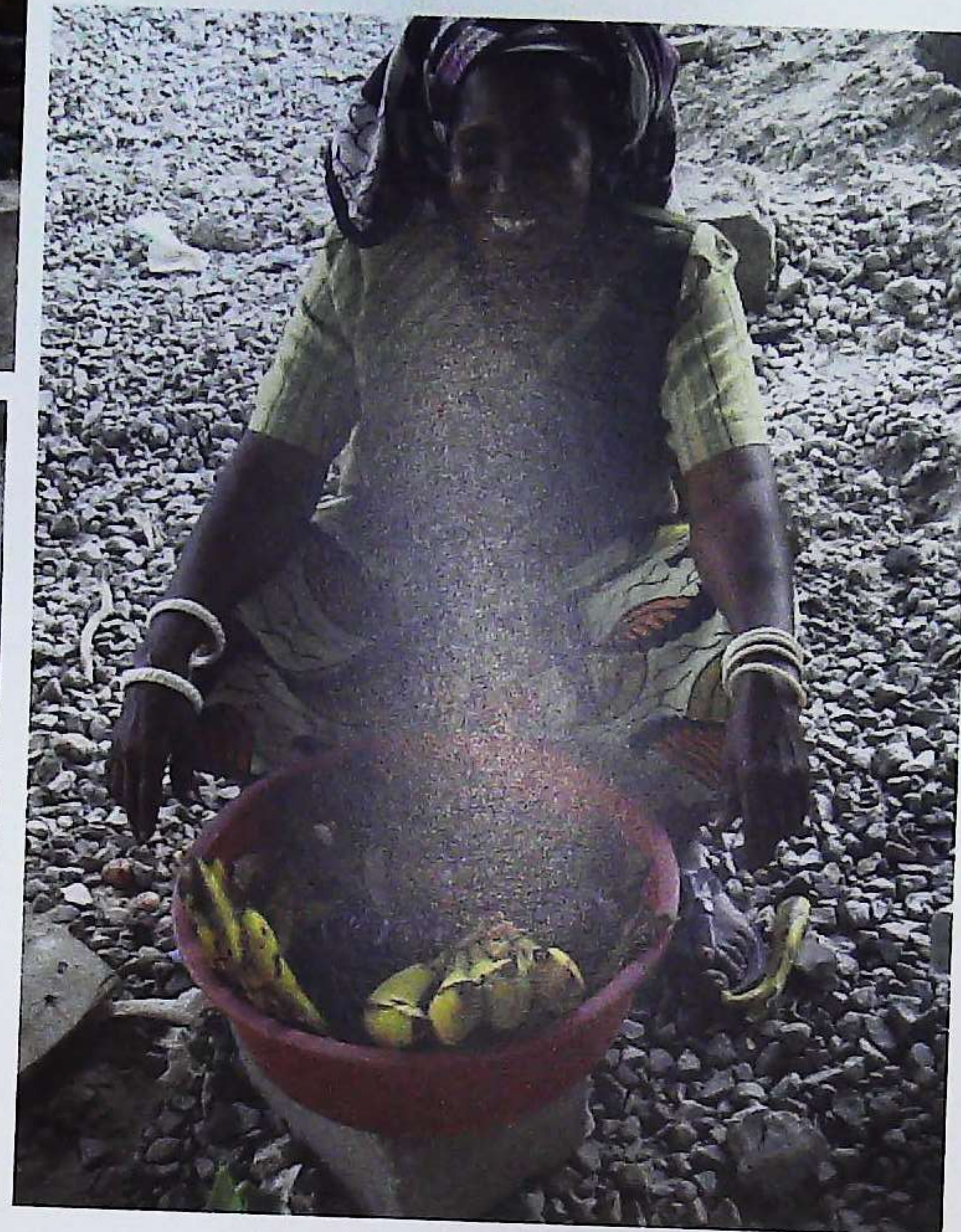


The hospital outline

The large moat is filled with metal wire and concrete, the foundation to support the floors that will arise here soon. The construction workers mix cement and pour it from the orange concrete mixer into the gaps, or carry it in buckets on their heads to fill the holes. Then trucks come in full of concrete blocks. One by one they are brought inside the construction side and soon the first walls appear. By now the outline of the new hospital is drawn in the soil, with sand, concrete and metal.







Rice and bananas

In the morning, shortly after the builders arrive, the catering women come in. They start preparing lunch; their cooking stuff - pots, pans and plastic plates - spread out on the first floor in between the construction work that is going on. Rice, beans and vegetables are ready around midday. By then the workers come over, buy a plate of the dish of the day, sit down and eat. In the afternoon other women walk in with baskets full of seasonal fruits; bananas, avocado or mangos, all for sale.



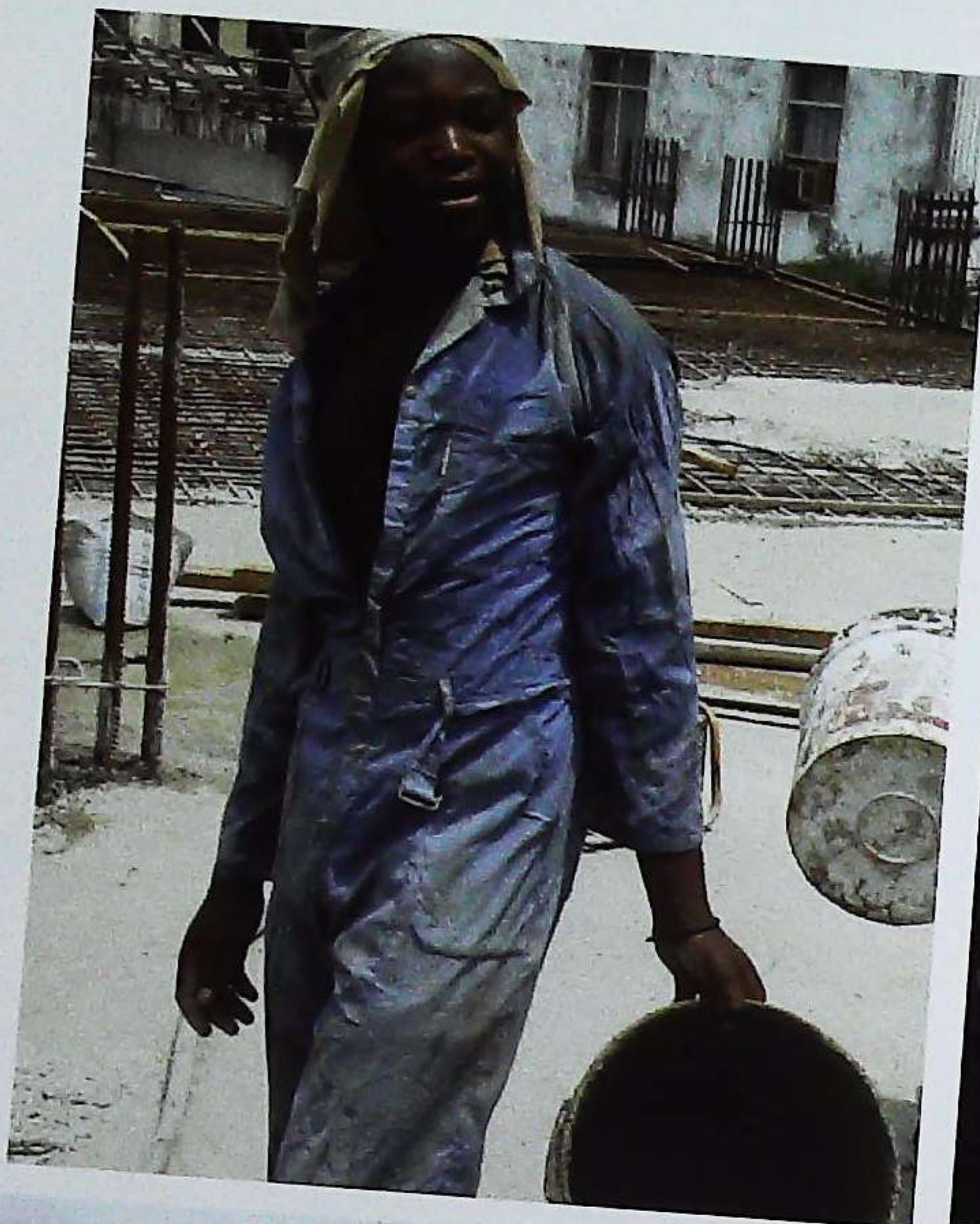


A forest of wooden poles

Metal strings are tightly woven into long metal re-bars that stick three meters high out of the concrete foundation. The metal work is covered with wood, and cement is poured inside the box. When the concrete is dry, the wood is taken off and the concrete metal corner stones for the building are ready. Then they create wooden bridges in between these columns. When they are all connected, wooden panels are placed on top, the first roof. Under these wooden plates, hundreds of wooden poles are placed to support the new roof. The ground floor becomes a forest of wooden poles.







Climbing the stairs

The wooden plates on the roof become an intricately woven network of iron reinforcement bars placed on top and then it is time to fill them up with cement to strengthen the roof. Now that the ground floor is full of wooden poles supporting the new roof, there is no space to put the cement mixer inside. Instead it is placed on the pavement and piles of sand and stones lay half on the road in between the old and the new hospital building. An extra team of hands is attracted to get this work done as fast as possible, to prevent (more) traffic problems. With a bucket and head protection, made from old cement bags, the construction workers stand in line down near the cement mixer. When it's their turn, they fill up their empty buckets, place it on their heads and walk up the wooden stairs up to the first floor. They pour the content in between the metal re-bars until the whole area is covered.



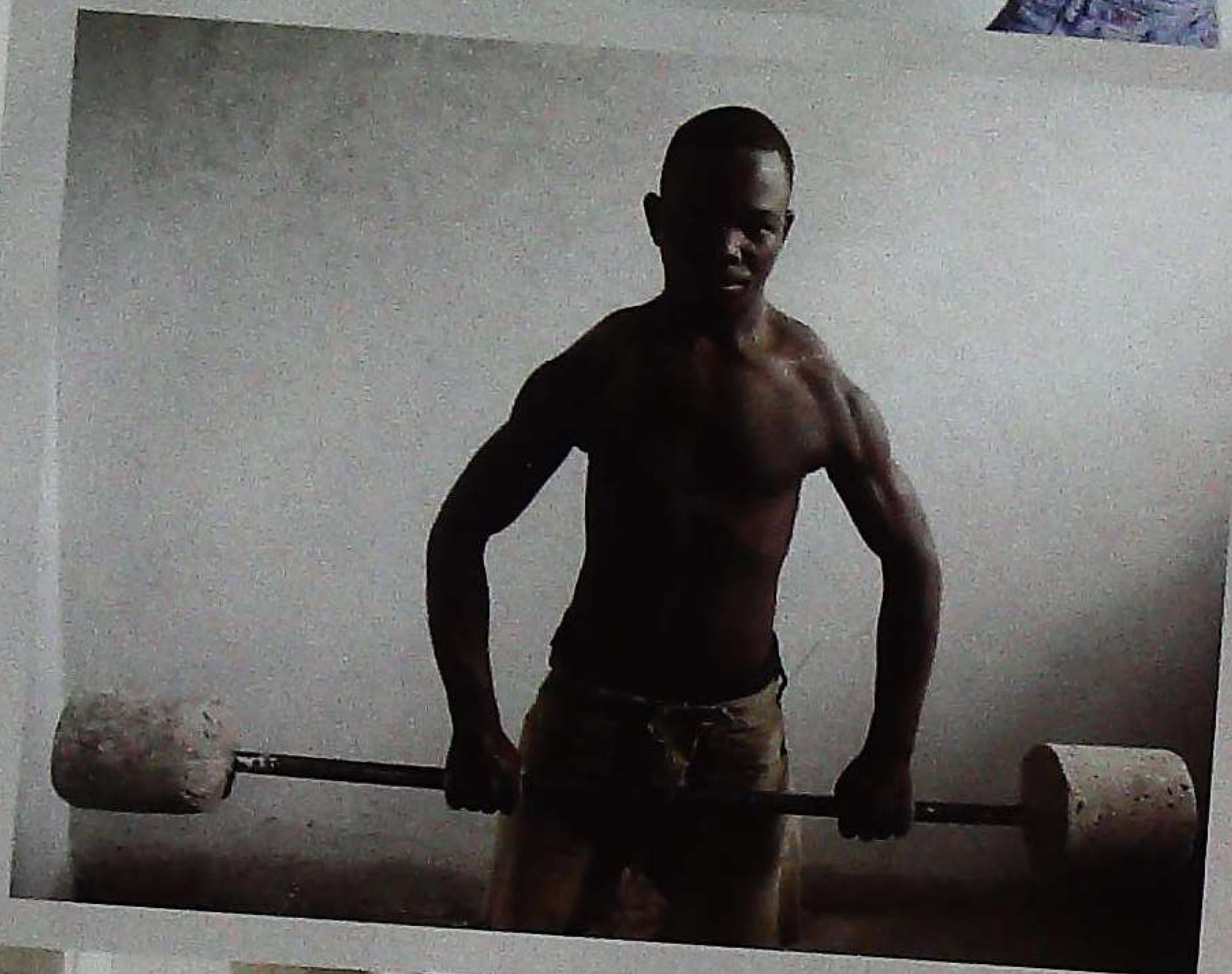
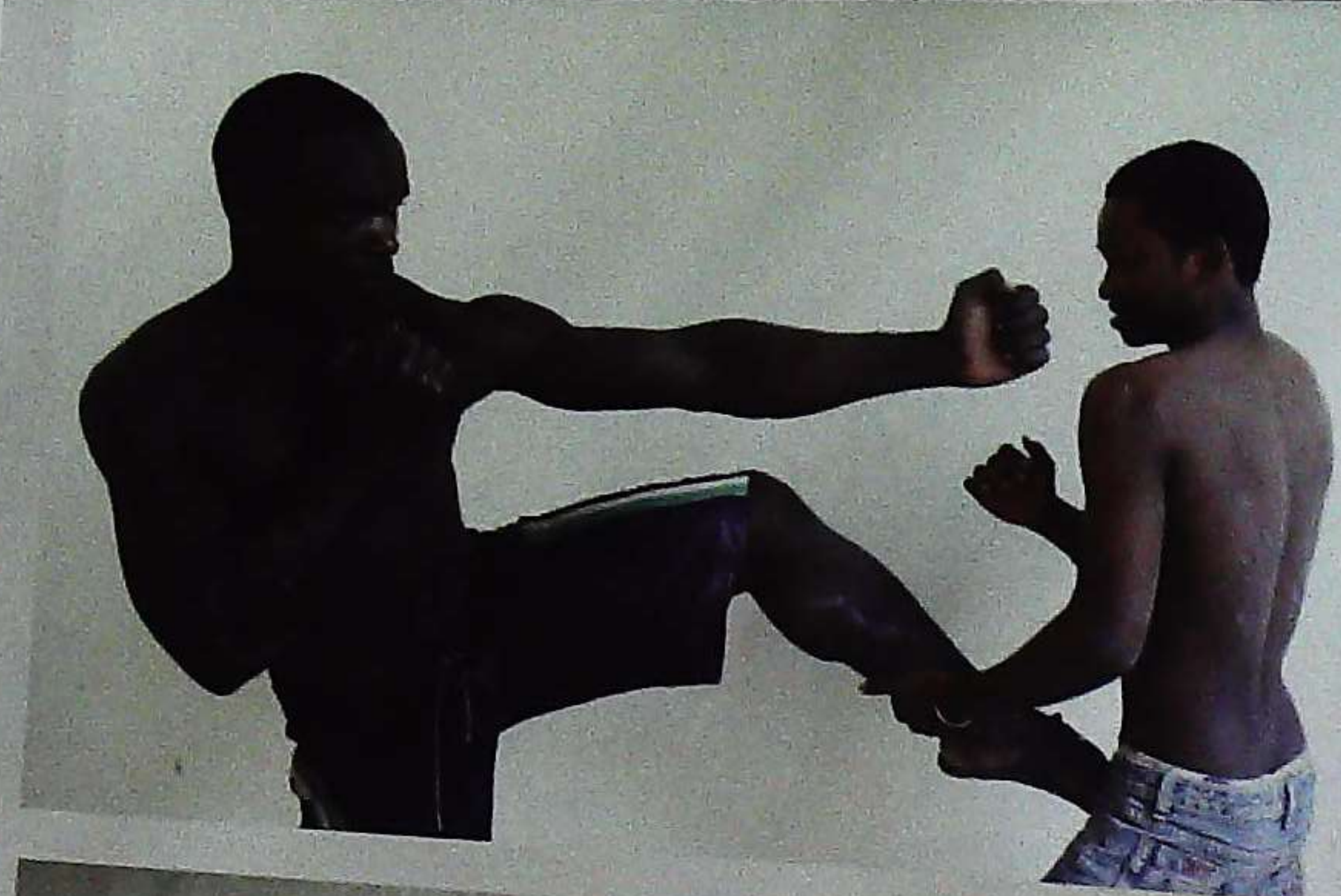




Pillars

The roof is ready, we are moving to the next floor. Another group of supporting pillars is constructed. The woven metal boxes, covered with wooden panels are ready to be filled. The cement is mixed downstairs on the side of the street. With the cement in buckets balanced on their heads, the men walk on and off, from the ground floor to the roof and back. On the top floor a colleague waits on top of a ladder, to pour the cement mix into the metal wooden cast for the pillars. At the end of the work, a large concrete square with tens of columns is ready for another ceiling to be built.

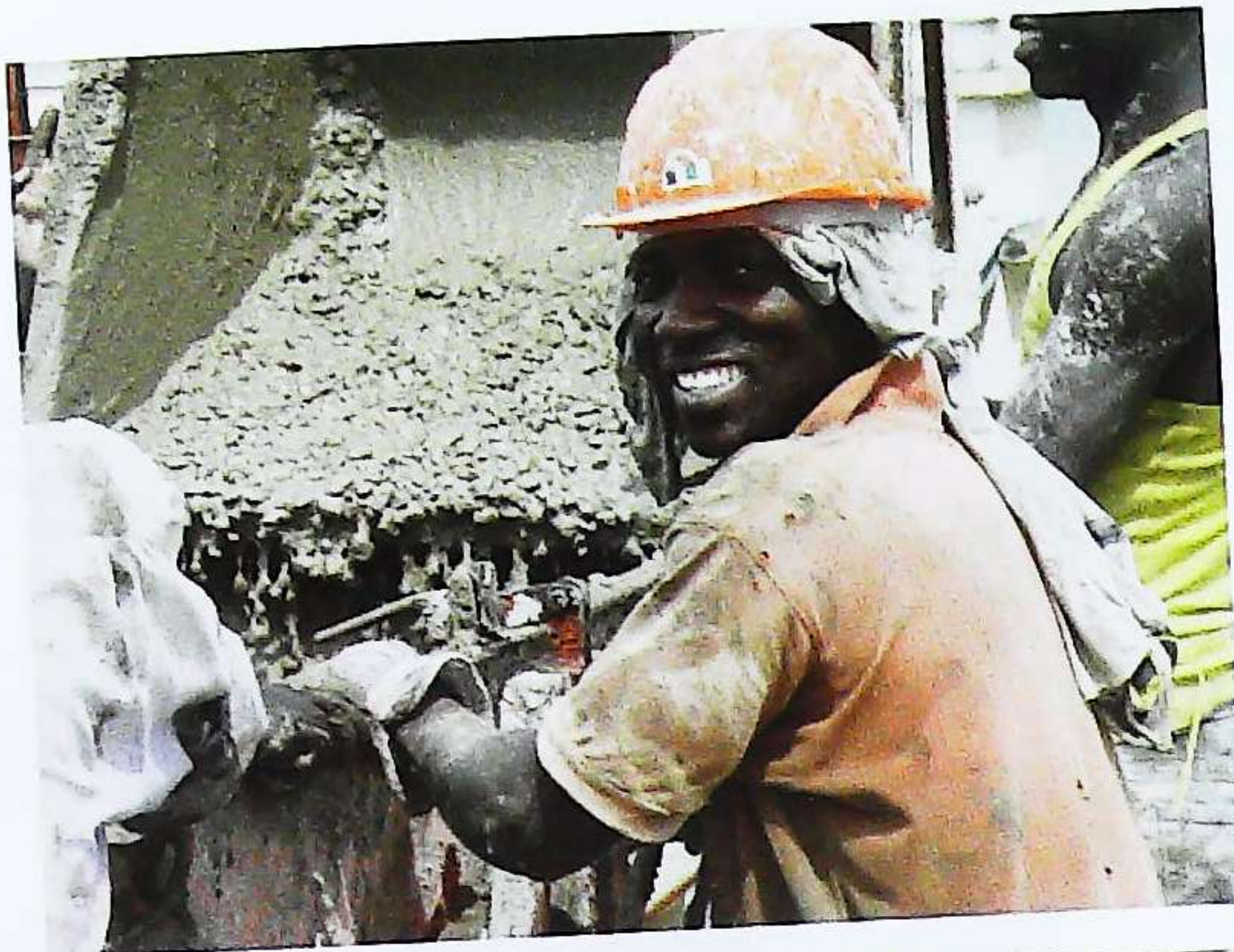




Fitness

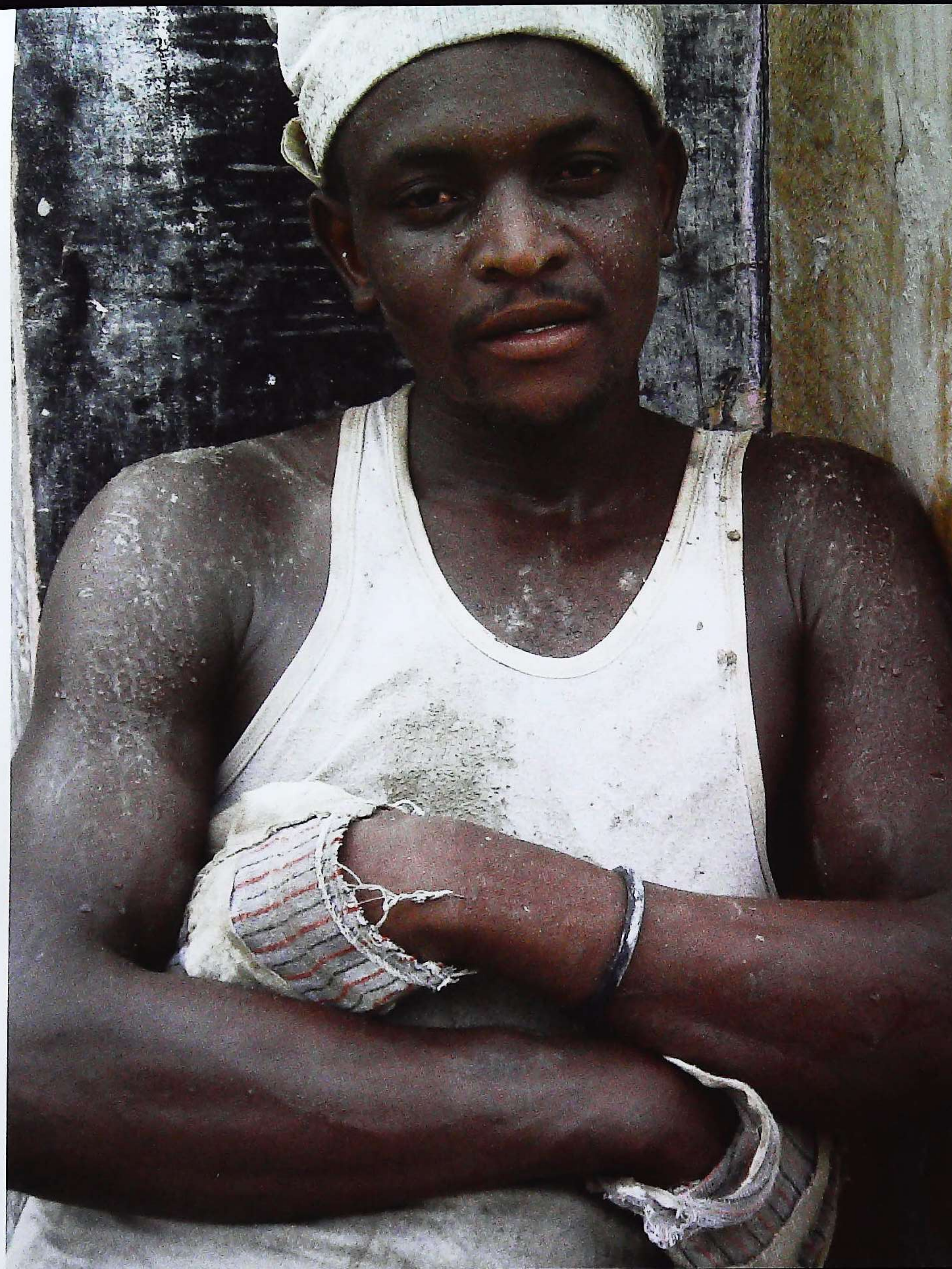
They took a long metal pole and two empty buckets for casting the weights. They filled the buckets with cement, stuck the metal bar in the middle, and let it dry. After it dried, they took off the plastic from the buckets and the fitness weight was ready. After lunch and after work they train; standing up to work on their arms and shoulders or lying down on a wooden bench to work on their chest. Harry is the strongest of them all, and the trainer.





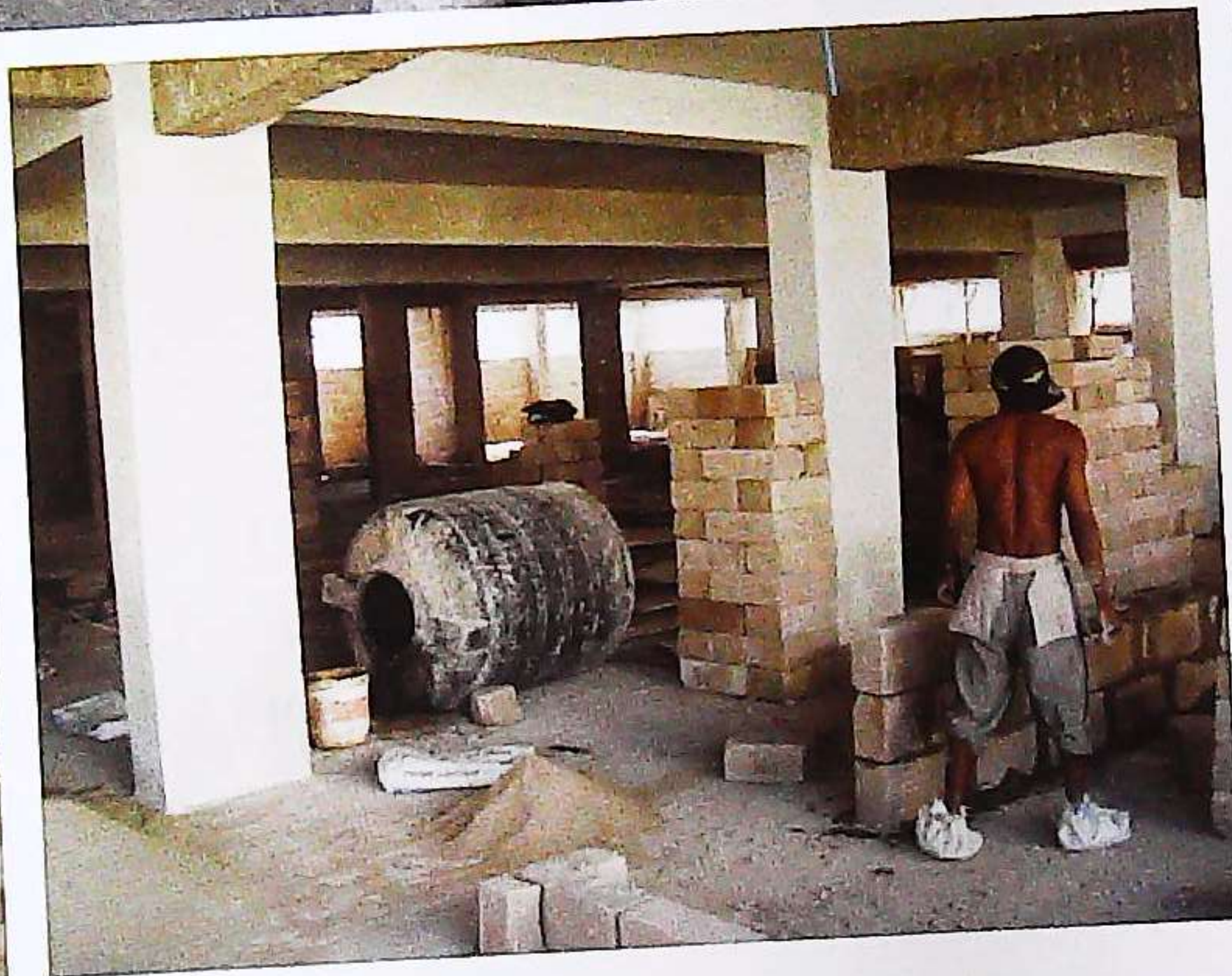
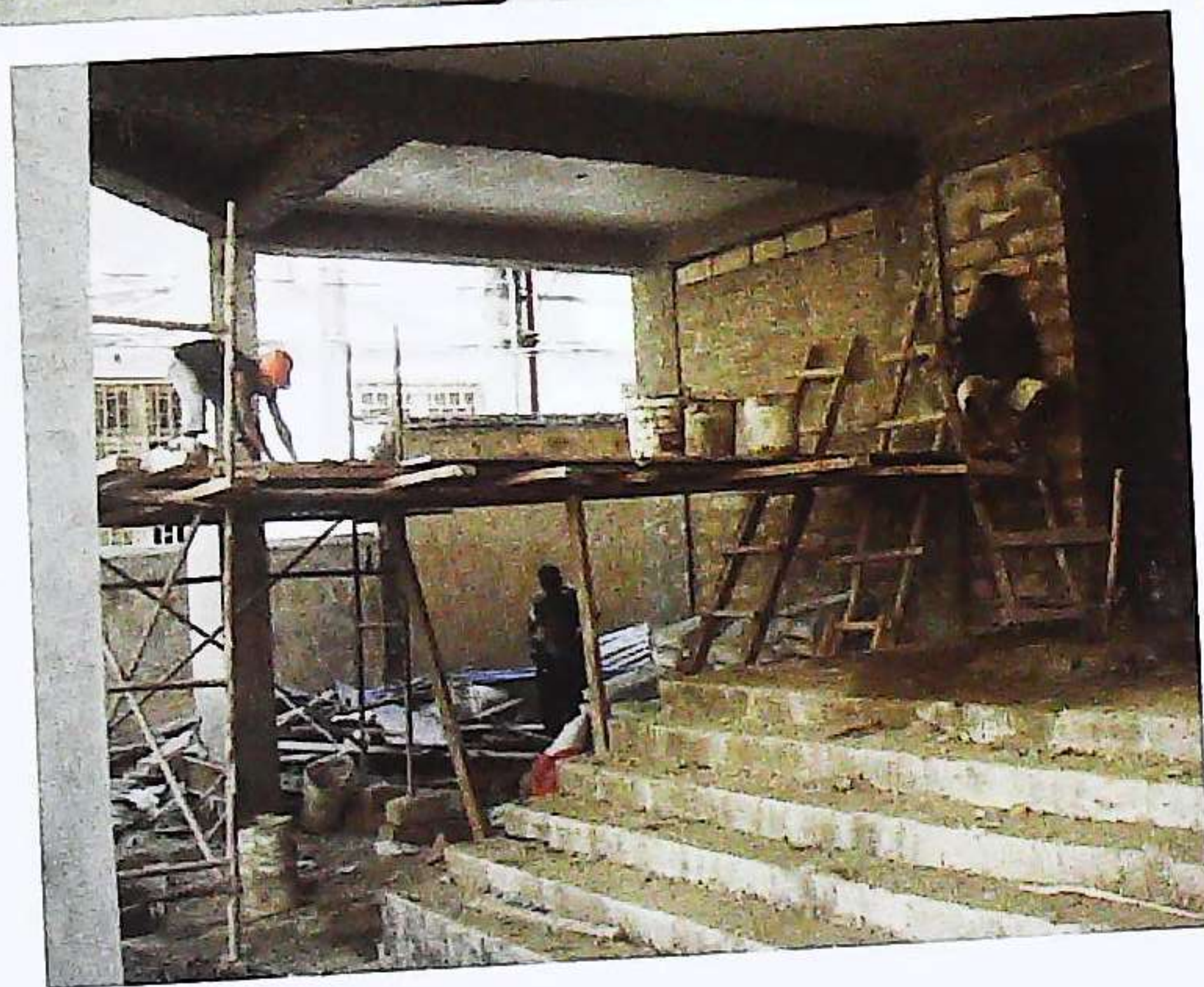
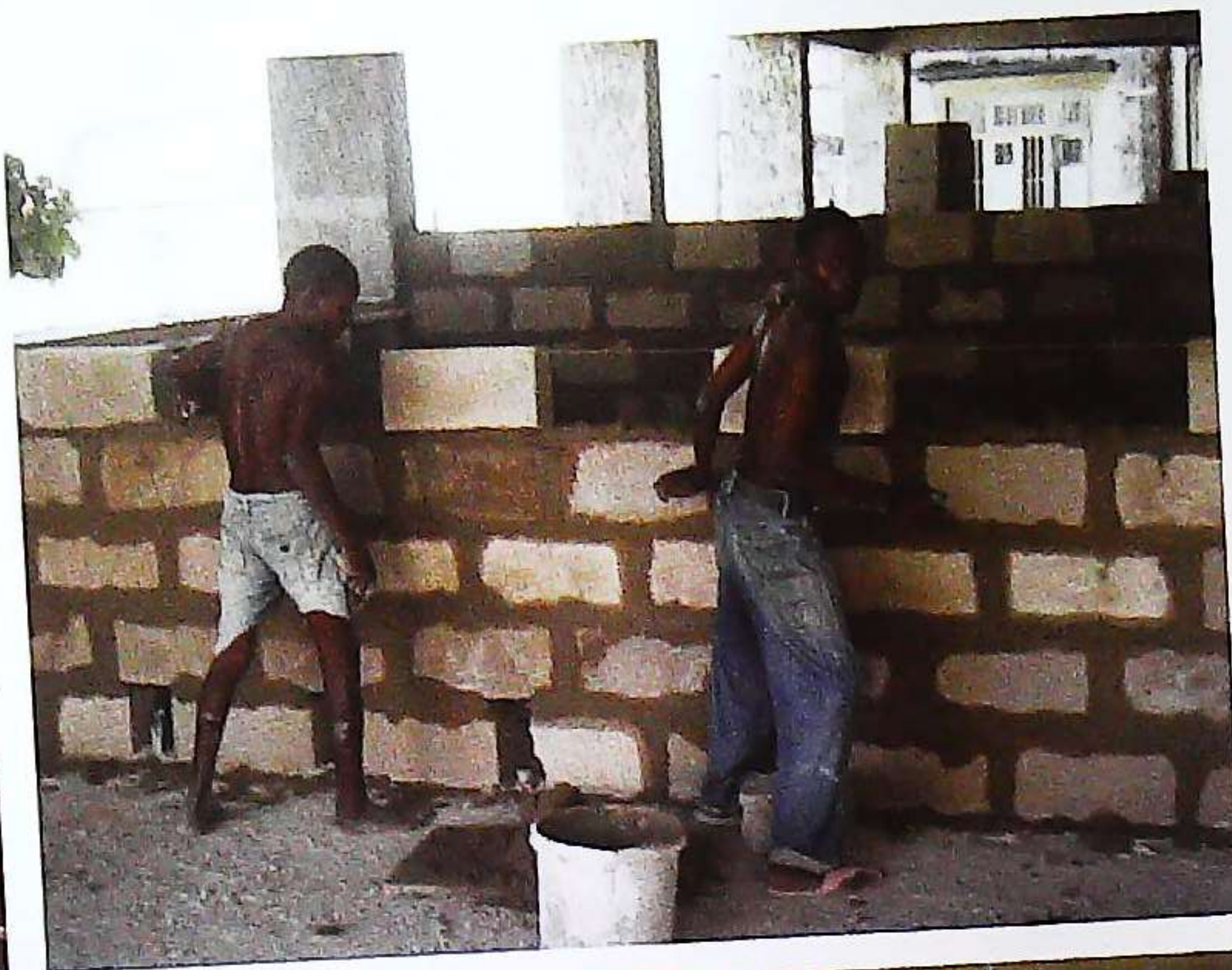
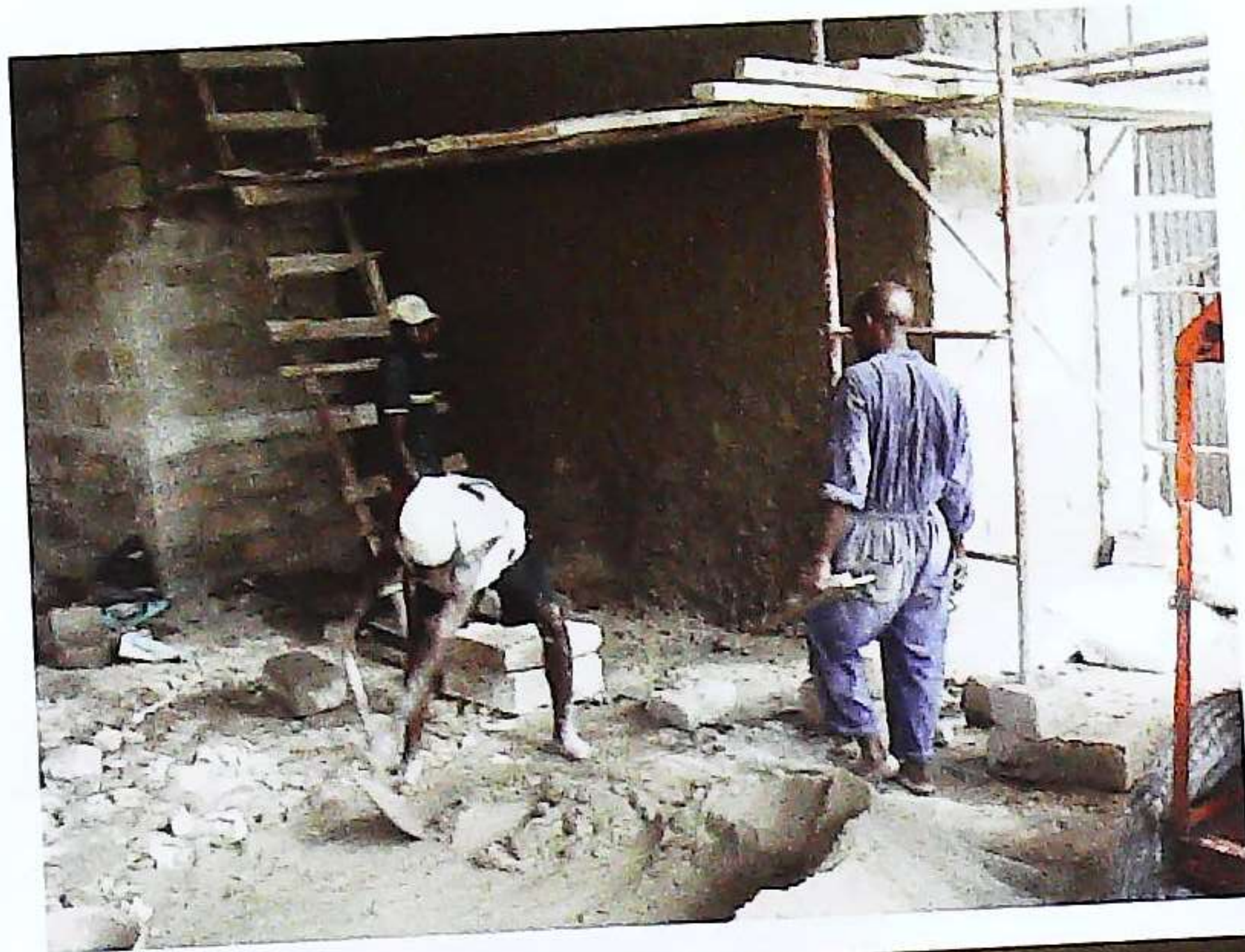
Third floor

Now that we are moving up higher, a red construction lift is installed on the side of Nyanza Street. Cement, mixed at street level, is poured into a metal tank. The lift takes that all the way up to the top floor. A group of six men waits until it arrives, turn the container over and pour the mix over into a little cart. Then they pull that little wagon over a temporary metal rails to the other end of the new floor and pour it onto the roof. Men in long black boots stand in the cement mix and level it out with their shovels.

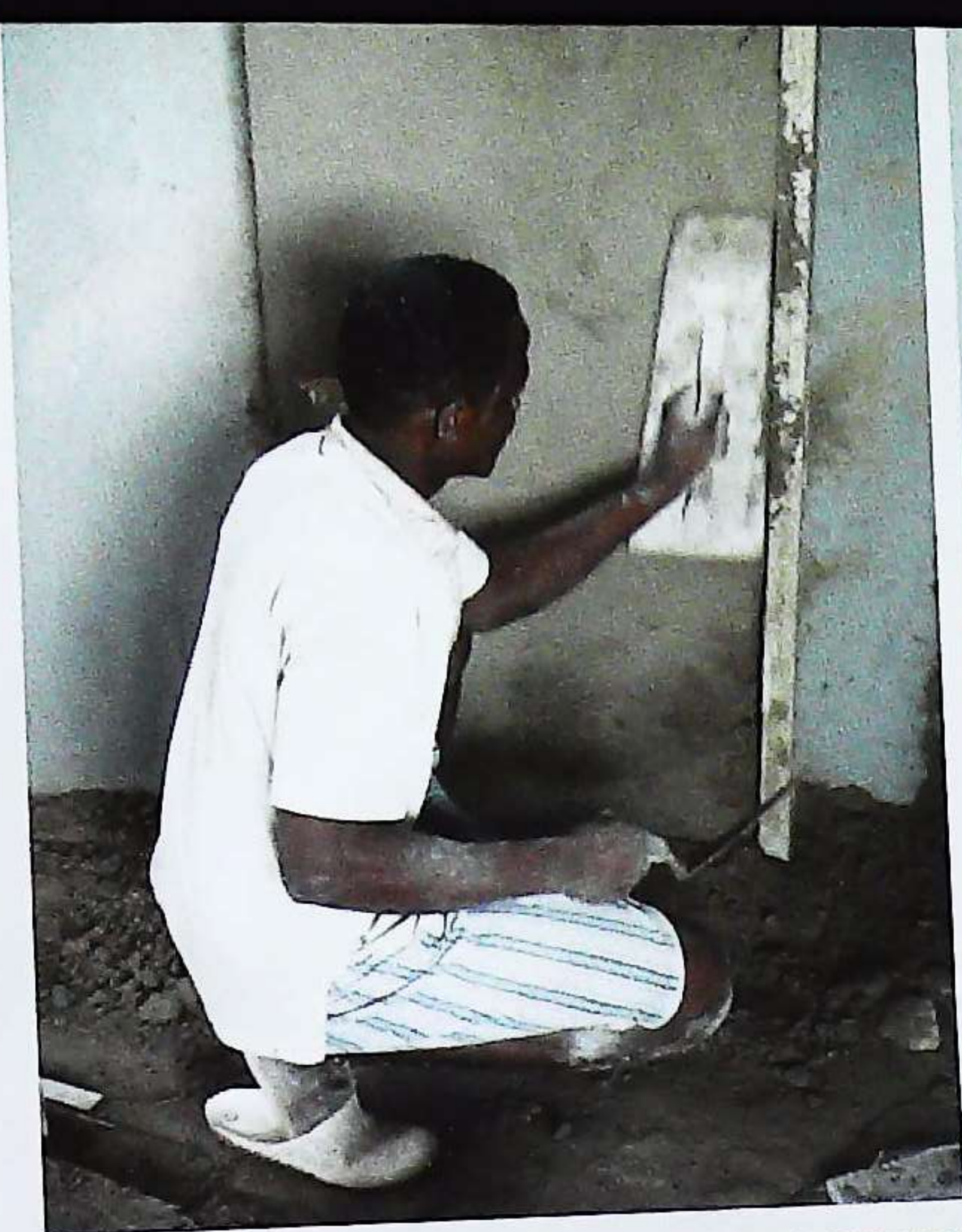


Rooms appear

Three floors are standing. Big open spaces supported by pillars, like a parking lot without the outside walls. Its time for the wall divisions. Concrete blocks are brought inside, and the open storeys become divided into smaller squares. Slowly the reception, treatment rooms, bathrooms, storage and waiting areas appear.



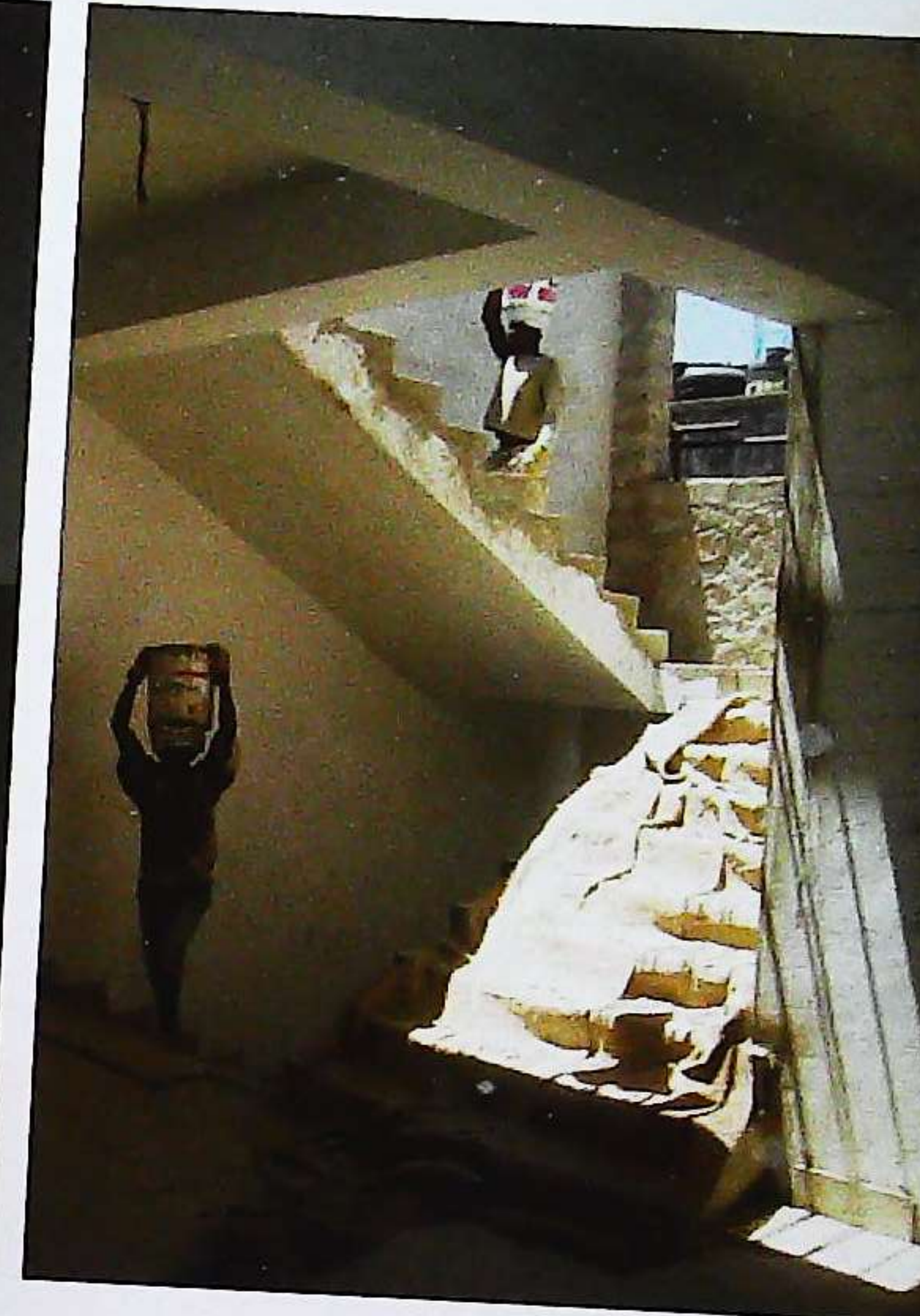




Plaster

The grey walls are plastered. You can start to imagine what the rooms look like, now that they are plastered and white.





Tiles and stairs

For the stairs and the tiles, specialists come in. One team works on all the staircases, fixing every step one by one. They block the road up for the other workers, while they are measuring the steps, straightening the cement on the stiles and finishing it up with placing tiles on the stairs. The other group works on the floor and the walls in the bathrooms and treatment rooms. They level the floor, measure the tiles needed, cut the corner tiles into the right size and fasten them to the floor and wall. Helping hands clean the tiles after they have been fixed and keep on sweeping and cleaning the floor when the rest of the team work on their projects.





Elevator

From day one, the elevator was a special case; they dug the deepest hole for it. It filled up with water when the rains came in April and May. After it dried up, a floor and wall were constructed. Over the months the shaft went all the way up to the third floor. It was a big empty box, until the technicians came in and installed the elevator. Now you can avoid the stairs, and take a ride up to the top floor.







Wood

The carpenters arrive when the whole construction stands. Long planks lie in the waiting area, to be cut and moulded into doors and cupboards. The carpenters create the doorframes and fit the prefabricated doors into it; abrading, sanding and hammering. The red-brown wood colours of the doors, and the wainscoting gives the white area much needed warmth.





Finishing

The building is ready. To match the mother building across the street, it needs colour. Scaffolding is placed along the outside of the new construction and soon the outside is light yellow, pastel orange. The hospital name and logo in red are placed on the outside walls and near the entrance. Then the building materials get removed, the building is cleaned. Bright red neon letters light up in the evening; the new Shree Hindu Mandal Hospital is almost ready for use.







Workers

Some of them - Harry, Adam and John - have been at the construction site since day one. They have done it all, dug holes, mixed cement, placed bricks, put in floors and helped with the metal construction. The closer we came to finishing the hospital, the more specialists came in; woodworkers, stair masters, electricians, plumbers and the woman who plastered the walls. Now they are ready to move out and Shree Hindu Mandal staff (nurses, doctors, admin staff and cleaners) are all moving in.

Visitors

Over the months people come to visit the progress of the project. Almost every week someone comes from PharmAccess International to see how things are moving on. And they bring along Dutch guests too, such as Princess Mabel and Jacques Kuyf from 'De Grote Onderneming' and Rob Weyhenke from the AmsterdamDiner and Chris van der Vorm from HIF. A high powered delegation of The Hindu Council of Africa, comprising representatives of various African countries led by Chairman Muljibhai Pindolia, accompanied by Chairman of The Hindu Council of Tanzania Mr. Harish Patel, and the Secretary General Mr. Snehal Bakrania, with other members have also visited the hospital.





Soft opening

On Saturday 29 May 2010, the new wing of Shree Hindu Mandal Hospital celebrated its soft opening. Mr. Dinesh Vaishnav, who conducted the event, expressed a warm welcome to all the people who attended, which included the special guests Mr. Mustafa Jaffer Sabodo, and PharmAccess representative Jan van den Hombergh, as the donors of the new wing. Chairman Rames Patel expressed his gratitude to PharmAccess and to Mr. Mustafa Jaffer Sabodo for their generous contribution that gave a big start to the construction programme. In thanking the audience for their support and attendance, Chairman Ramesh accepted the challenge to make the new building complex as into a Centre of Medical Excellence. Dr. Kaushik talked about the progress and the way forward for Shree Hindu Mandal Hospital.



SHREE HINDU MANDAL HOSPITAL

HINDU CHA FRO
HINDU STREET WING
HINDU MANDAL
HOSPITAL
MISQARI 10

QUALITY
SHOE

CAB

38

CAB

39

Almost Ready

After the builders left, the equipment came in. Waiting chairs, examination tables, IT equipment, blood pressure machines, syringes, drugs, instruments, telephones, weighing scales, lights, wheel chairs, stretchers, beds, paper files, office chairs, etc. etc. Newly purchased material and usable equipment from the old building was moved in, ready to receive the patients. A new building waiting to serve its goal.

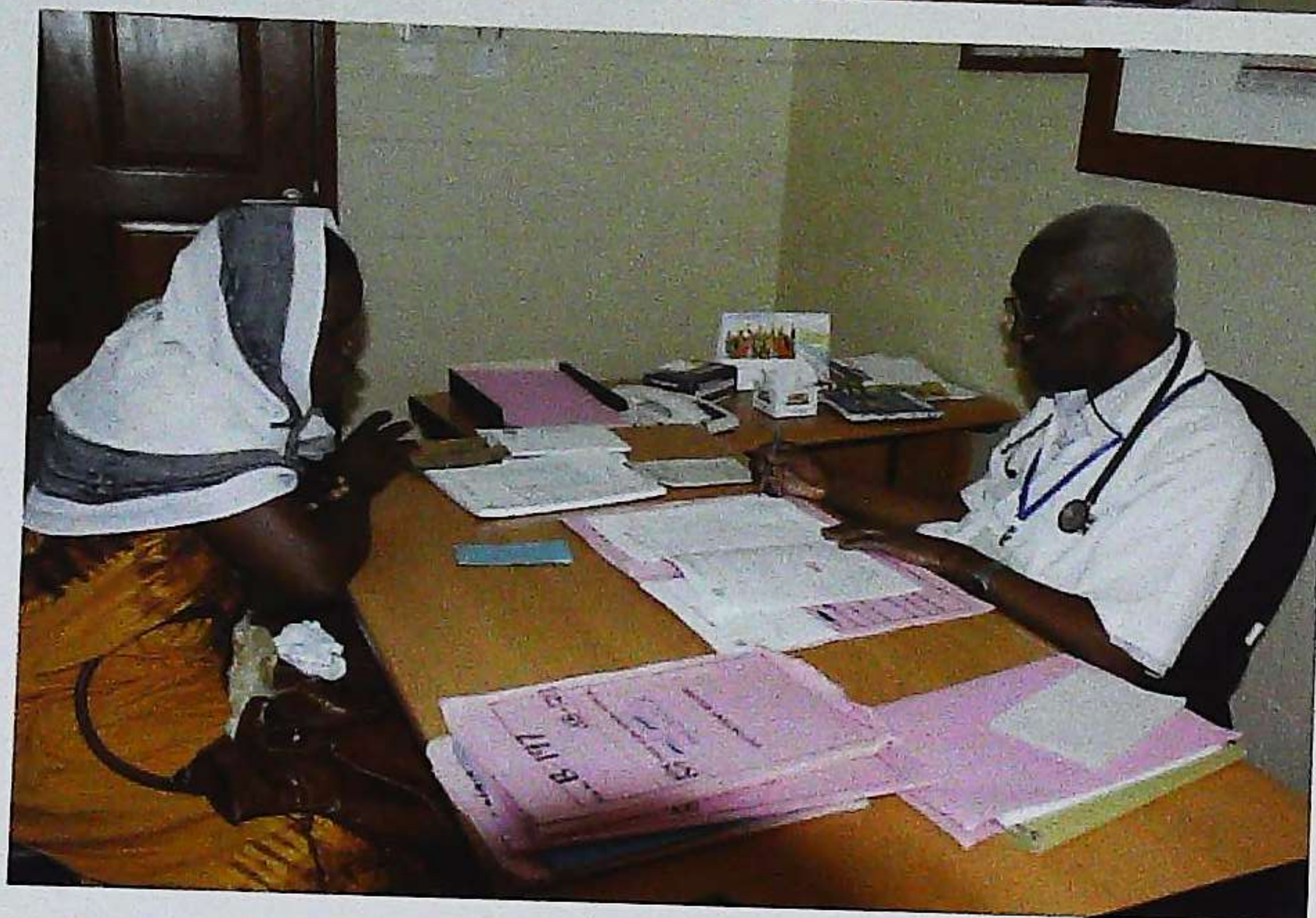




In Use

October 2010, the doors open for the patients. Not all, but some departments start working in the new building. By January 2011 all scheduled services have moved into the new wing. Patients come in, walk up the stairs to the first floor where the triage nurse helps direct them to the right department. The waiting area is full of people and the doctors are seeing patients in their rooms. The new wing is serving its goal.





The postscript

Dr Kaushik Ramaiya

Around the year 2000 we started experiencing increased numbers of patients attending the hospital with HIV/AIDS. The knowledge on management of this devastating epidemic was very limited and as a hospital we had to develop our capacity to manage this disease, which was causing havoc amongst the population. In 2001, I had a clinical attachment at the HIV Center of Excellence at the Northwestern University Medical School, Chicago, Illinois, USA, under a scholarship granted by the International AIDS Society (IAS). My travels, attendance at several scientific meetings and clinical attachments opened my eyes and vision to what Shree Hindu Mandal Hospital (SHM) could do to play an important role in the healthcare in particular, for the majority of the population with limited access to affordable care.

It is important to have some reflection on the background from where we started, where we are and where we want to go.

The hospital being part of Shree Hindu Mandal, Dar es Salaam, is a charitable hospital serving the population without any distinction of class, colour, creed or religion, initiated by the Hindu community to serve "The people of Dar es Salaam", with an objective of providing quality healthcare at a low cost. As any organisation that runs entirely on a charitable basis, we encountered challenges. For any development, funding is necessary and although we had well wishers within the community who were always willing to assist, the funding for major development was always a challenge.

However, sitting back does not help and innovative ways have to be thought of raising the funds for the necessary development to take place. The AIDS epidemic was in a way opening access to the

funding required for our growth and achievement of our vision to be a Center of Excellence for HIV/AIDS, and for diabetes. This concept has now evolved into "The Center of Excellence for Chronic Diseases" with integrated clinics for chronic care, which includes HIV/AIDS, tuberculosis, diabetes, hypertension, cardiovascular diseases and strokes.

Most hospitals were either reluctant to admit people with HIV/AIDS, due to the stigma within the community, families and healthcare providers, or did not have the capacity to manage the various opportunistic infections with which most of these patients were suffering from. SHM became one of the first private hospitals to provide care for people with HIV/AIDS that included managing opportunistic infections, anti-retroviral therapy and follow up care. At the time, the ARTs had to be purchased and very few could afford to buy them. The general focus was on prevention rather than treatment.

It was initially a challenge for our staff to understand why it was important to manage people with HIV/AIDS. We had to have their buy in so as to provide the necessary clinical care. The staff of SHM Hospital rose up to the challenge and have done a great job since then. Without their support, we would not have been where we are at present. The hospital developed an in-house training programme and developed an HIV/AIDS team of doctors, laboratory technicians, counsellors, nurses, pharmacists and social workers. We also developed the necessary diagnostic and treatment infrastructure required.

With the initial infrastructure we had developed, we applied for several funds to develop the capacity to manage the HIV/AIDS epidemic. It was initially difficult to get funding from international funding agencies when the institution did not have a track record. We finally succeeded with the partnership, and mentorship of the Tanzania Public Health Association (TPHA). The first grant from the Rapid Funding Envelope (RFE) Round 2 (Year 2004-5) provided us with the necessary funds to develop our infrastructure (human resources, physical and diagnostic) to manage

HIV/AIDS and develop as a "Center of Excellence for HIV/AIDS". Also RFE round 2 and 3 were successful and SHM has developed into one of the few hospitals with the capacity to provide comprehensive management of HIV/AIDS. This also includes a comprehensive diagnostic capacity for various opportunistic infections, and upper GI endoscopy, colonoscopy, and bronchoscopy. Laboratory services were expanded to include the laboratory diagnosis of opportunistic infections, the monitoring of patients with HIV/AIDS – CD4/CD8 count, viral load and Genotype HIV Resistance Testing. The blood transfusion services were also strengthened including plasma and platelet separators.

As a sub grantee under AMREF for Global Fund Round 3 funding (Year 2005-8), SHM strengthened its human resources capacity to deal with HIV/AIDS, established linkages with Organisations of People Living with HIV/AIDS, and other stake holders. The hospital carried out community sensitisation activities, provided free access to care and treatment (outpatient and inpatient care) for approximately 350 patients, which were mainly women and children who did not have access to care and treatment. Under this funding, the hospital also established Voluntary Counseling and Testing (VCT) sites in the Temeke District of Dar es Salaam, and in Moshi, Tanga and Mwanza.

SHM Hospital was also able to obtain additional funding from USAID, in partnership with Family Health International (FHI) (Year 2007) to expand the Care and Treatment Clinic (CTC) as the number of people with HIV/AIDS increased in numbers and under RFE Round 4 (Year 2007), the hospital was able to obtain funding to establish the CTC clinic at Mwanza Hindu Union Hospital based on the same model as in Dar es Salaam.

The experience gained in successfully implementing various projects further strengthened our resolve to continue working towards reaching our goal of establishing Shree Hindu Mandal Hospital, Dar es Salaam, as a provider of quality care at an affordable cost for the needy. I must

mention here two individuals who in one way or the other encouraged me with my pursuits, Mr. Geert Haverkamp, and Dr. Eric Van Praag.

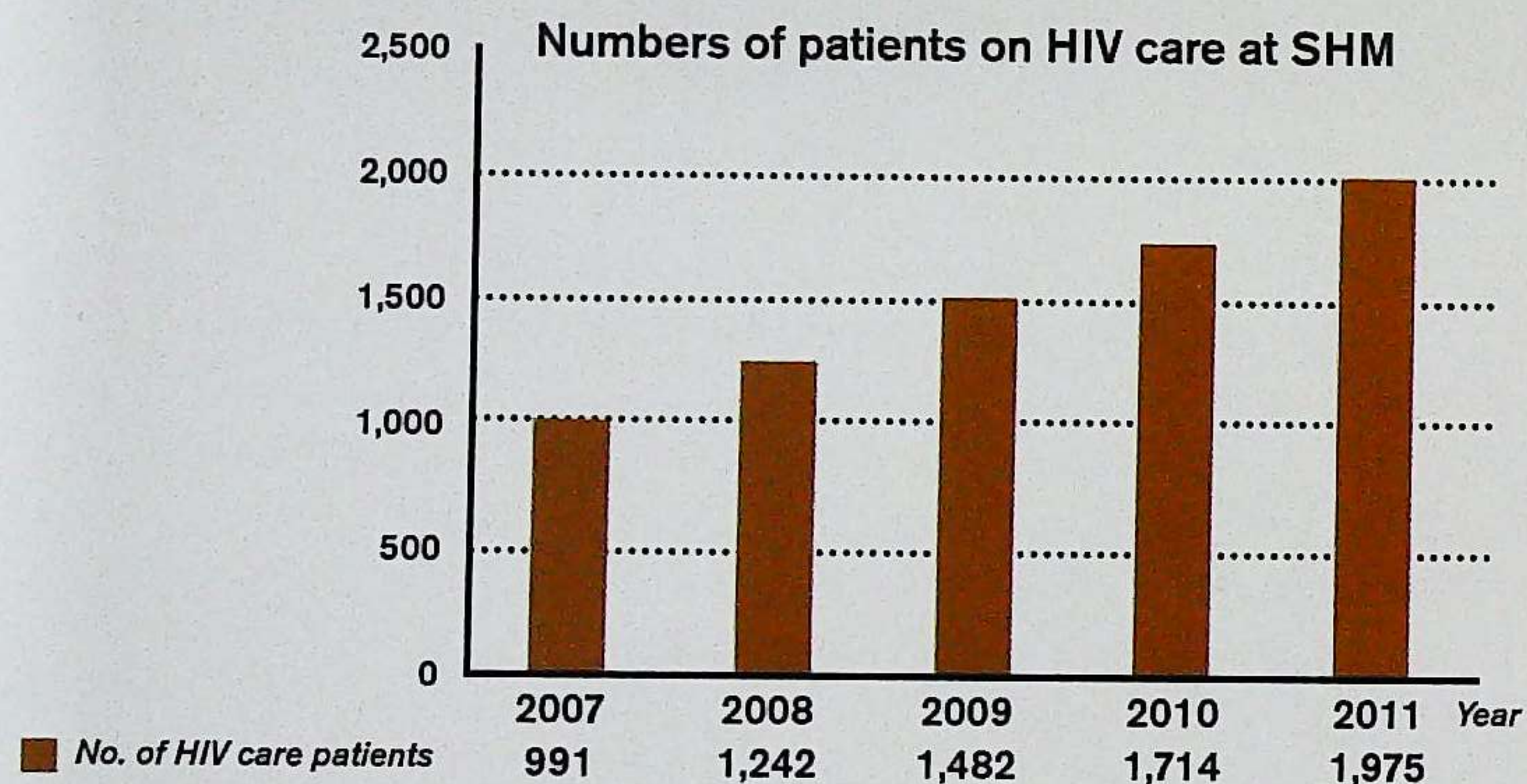
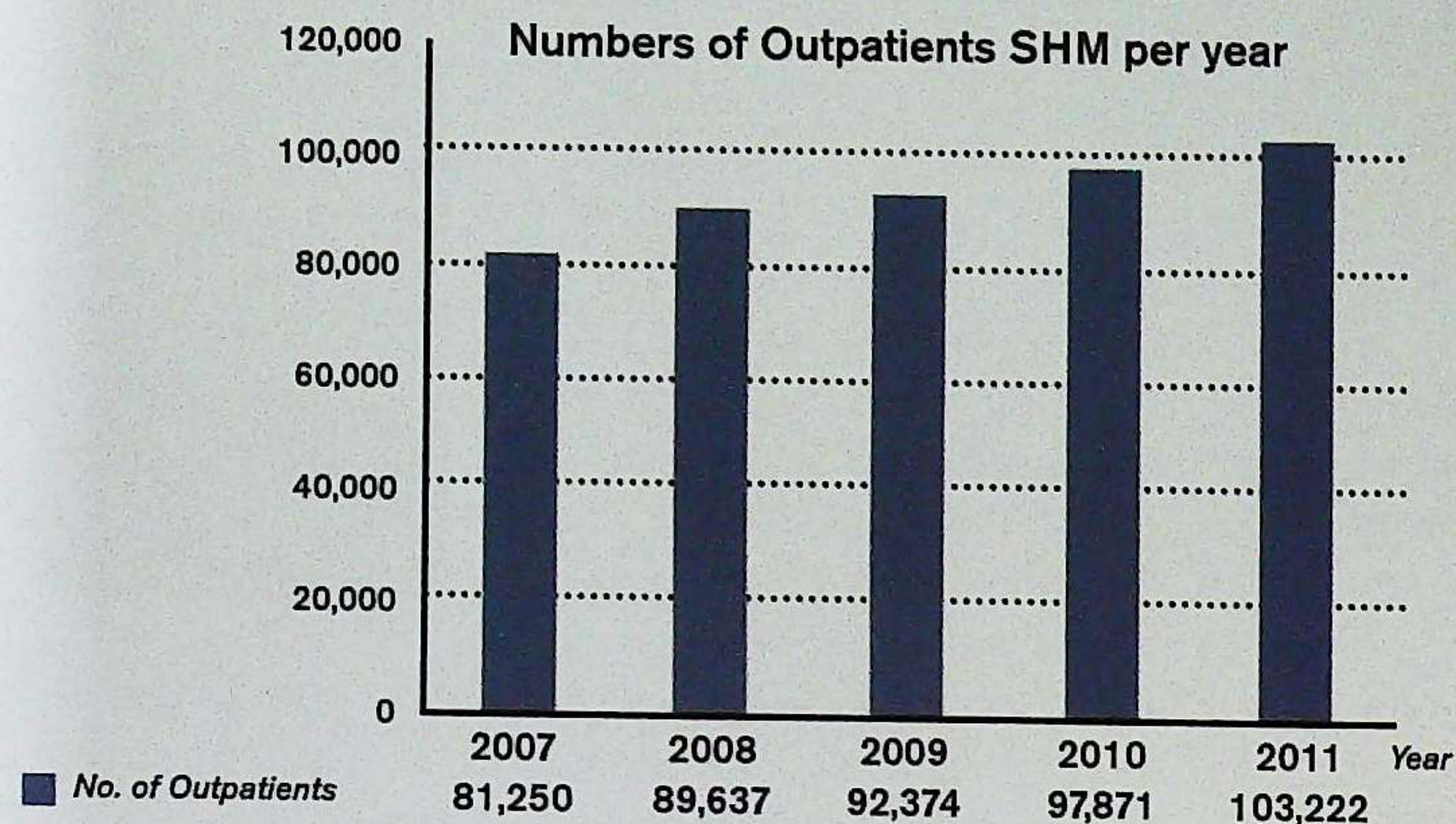
I met Mr. Geert Haverkamp for the first time in 2002 through a common friend. Mr. Haverkamp used to visit Tanzania frequently, working for the PharmAccess Foundation. Over time, we became good friends and would spend significant time discussing how to improve the care for people with HIV/AIDS in a situation where resources are limited. Mr. Haverkamp was able to provide support for a senior internist with experience in the management of HIV/AIDS in Netherlands, Dr. Leemhuis, to come over to Tanzania and do an inventory of 15 private clinics to find out what they did with regard to ART and HIV/AIDS care. This exercise provided us with a significant insight into the challenges and what we were up against. We (Dr. Kaushik and Mr. Haverkamp) were also invited to Morogoro during the Global Fund Round 4 proposal development in Year 2005,, where, for the first time, the role of the private sector in management of HIV/AIDS was recognised, and it was included in the proposal. I represented the private sector as the Hon. General Secretary of the Association of Private Hospitals in Tanzania (APHTA), now known as the Association of Private Health Facilities in Tanzania (APHFTA). Mr Haverkamp represented the PharmAccess Foundation. APHFTA actively implemented the Global Fund Round 4 and is currently implementing the Global Fund Round 8 programme.

Dr. Eric Van Praag had returned from the Netherlands to take up work with Family Health International (FHI) in Tanzania. Mr. Geert Haverkamp introduced me to him. We used to meet often and discuss the various challenges being faced in initiating and implementing HIV/AIDS programmes, and improving the access to care for Tanzanians. We were members of the Technical Committee on HIV/AIDS Care & Treatment, under the National AIDS Control Programme. When Dr. Eric Van Praag observed that our CTC Clinic was being overwhelmed, he was able to get funding under the USAID/FHI program to enable us establish a larger CTC Clinic area to cater for more patients.

Then Mr. Geert Haverkamp introduced us to the AmsterdamDiner fundraiser. June 2007 was an important milestone for us to achieve our goal. With funds received from the event, we initiated the process of building a new hospital wing for an "HIV/AIDS Center of Excellence". The fund raising was sufficient for building the ground floor and first floor building. However, we at SHM had a long-term goal, which needed such a stimulus. We could not allow such a valuable space in the center of the city to be wasted with only one floor. After discussing with PharmAccess our concept for a centre of excellence for chronic disease management, we obtained their approval, and Shree Hindu Mandal Hospital was able to attract further funding to have a foundation of an eight floor building and also build an additional second floor. For PharmAccess and the organisers of the AmsterdamDiner, the process of obtaining additional funds/donations from well-wishers to further expand the hospital was a mark of success. The donor who supported construction of the second floor was Mr. Mustafa Jaffer Sabodo. Mr. Jaffer has been one of our largest supporters. He had previously funded the hospital's physiotherapy department. His unflinching support for the project was an eye opener for many.

Today, Shree Hindu Mandal Hospital has a state of the art 2=floor new wing. The ground floor has the entrance area, parking area and a mortuary facility. The first floor houses the outpatient department of the hospital, including reception, registration, laboratory and pharmacy. The second floor has a TB Clinic, VCT services, CTC Clinic, CTC Pharmacy, Diabetes Clinic, and consulting rooms for physicians.

The new hospital wing started functioning, with the CTC from October 2010, and from 1 January 2012 all departments in the new hospital were fully operational. With the establishment of this new facility, SHM Hospital is attending to more clients in general outpatient clinics, CTC clinic, and diabetes clinic. The demand on the laboratory, radiology and pharmacy services have also increased significantly.



We are already planning the next phase of development, which is the completion of the remaining six floors. The fund raising has already started locally and some firm commitments have been obtained. Our aim is to start the next development of Shree Hindu Mandal Hospital by January 2013.



THANK YOU from the desk of:

Dinesh Vaishnav - Hon. General Secretary - Shree Hindu Mandal, Dar es Salaam

Shree Hindu Mandal Hospital, Dar es Salaam, was established as a response to the needs of the Hindu Community and the inhabitants of the city at large. Right from its inception, leaders of Shree Hindu Mandal have taken greater strides primarily towards bringing about better understanding within various Hindu sub-communities and human society through constant interaction, social welfare, religious and cultural activities.

My primary function is to thank all those who rendered moral, physical and monetary support in our endeavours to develop Shree Hindu Mandal.

We dedicate these few words to many but in particular Shri Kalidas Ukabhai and his brothers who donated his plot to start the Mandal and Shri Keshavra .V. Manore who became the first Chairman of Shree Hindu Mandal to lead the Hindus in service to the society. These stalwarts gave us Shree Hindu Mandal Hospital and it will never be forgotten.

The journey to the realisation of the new wing has been challenging but it has been worth every minute of the journey. However, this journey could not have been completed without the support and assistance received from many. I recognise some of the key individuals and institutions as mentioned here below:

Hon. Trustees including Mr. Gulabbhai Shah, Mr. Amubhai Shah, Mr. Navinbhai Kanabar, Mr. Ashwinbhai Ganatra, Chairman Ramesh Patel, members of the management and Medical Advisory Board who were the guiding light in the development of the hospital. I have to sincerely acknowledge the role of Dr. D K Patel. He was an alter ego for many

young doctors and staff. One person who deserves a big pat on his back is the CEO of our Hospital Dr. Kaushik Ramaiya who executed the new hospital project with dedication and deep sense of conviction. I would not hesitate to name him the STAR of an adorable medical facility.



Our special thanks go to the AmsterdamDiner, PharmAccess Foundation, 'STOP AIDS NOW', and Mr. Mustafa Jaffer Sabodo for their support in building the new hospital. They gave us an inspiring start.

Sumar Varma & Associates – architects for the project with particular mention of Mr. Santosh Gajjar, Mr. Sunil Maru and Mr. Haider Sumar.

Super Construction Company Ltd. – contractors for the project with particular mention of Mr. Jayesh Patel, and all the workers who worked hard on building works as portrayed in this book.

And of course all the patients who use their medical services at Shree Hindu Mandal, we hope to serve them well. Finally, I thank the Hindu Communities, and the government of our country Tanzania for their unreserved support for worthy causes related to human society.

"Opportunity comes to all of us; the diligent catch hold of it; the foolish let it pass. Therefore, let us be smart and awake to recognise our opportunity to serve, and while it is within our reach, let us seize it and make it yield to us the results we demand."
Swami Chinmayananda



*'Don't cry because it's over,
smile because it happened.
We played our role.'*



'We value life'

Shree Hindu Mandal Hospital

Dar es Salaam 2012

THE NEW WING



Shree Hindu Mandal—Dar es Salaam

**Hon. Trustees,
The Chairman
&**

**The Members of the Management Committee
invite the pleasure of the company of**

Mr / Mrs / Ms.....

**at the inauguration ceremony of
The First Phase of the New Wing
&**

**The Launching of the 2nd phase of
Shree Hindu Mandal Hospital**

(Corner of Nyanza & India Street)

To be performed by

**H.E. The President of the United Republic of Tanzania
Jakaya Mrisho Kikwete**

Day: Wednesday Date: 16th January, 2013

Time: 9.30 a.m.

Dress Code: Smart Casual

PLEASE BRING THIS CARD WITH YOU

